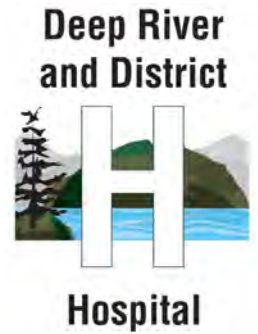


# THE ZINGER



Deep River and District Hospital Employee Newsletter

*July and August 2017*



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## *Staff Bid Farewell to Kate and Jesse*



Staff members gathered in the cafeteria on Wednesday, August 2, 2017 to say goodbye to Kate Kobbes and Jesse Adams. Kate and Jesse are moving to Kitchener to be closer to family. Kate has accepted the position of Program Director of Complex Continuing Care and Rehabilitation at Grand River Hospital in Kitchener.

Kate has served DRDH as Chief Nursing Officer since 2014 and ensured the ongoing functioning of the hospital as acting CEO. Jesse began at DRDH in 2015 and has been supportive in ensuring our IT systems function.

**WE WISH THEM THE VERY BEST IN ALL THEIR FUTURE ENDEAVOURS!**

## *Phone System Training*



Thank you to all the staff members who signed up and participated in the training sessions for the new phone system.

**Note:** An up-to-date version of the telephone extension list is accessible on PolicyMedical.

## *DRDH Installs New Boiler and Replaces Cladding*



Pictured here (left) is CFO William Willard showcasing the newly installed hot water boiler.

Pictured below is the new cladding on the walls in the courtyard outside the Sunroom and Four Seasons Lodge. The cladding had to be replaced after some furry friends decided the walls were the perfect place to call home.



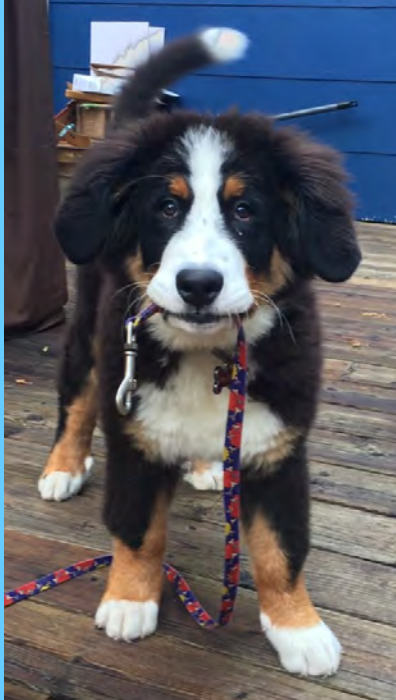
### Money Matters

## *Hospital Infrastructure Renewal Fund (HIRF) Announcement*

We are pleased to report that the Ministry of Health and Long-Term Care will provide Deep River and District Hospital up to \$907,000 in one-time funding as an Exceptional Circumstance Project (ECP) Grant for the 2017-2018 funding year. The ECP Grant is in addition to the up to \$108,626 in one-time funding for the 2017-2018 funding year through the Health Infrastructure Renewal Fund (HIRF) that was previously communicated to Deep River and District Hospital. This will bring the total maximum one-time funding available under the Agreement for the 2017-2018 funding year up to \$1,015,626. Hospitals are responsible for ensuring that their facilities are in a good state of repair by managing their capital assets and planning renewal activities. The Health Infrastructure Renewal Fund provides funds to supplement a hospital's existing capital renewal program and help address renewal needs (e.g. roofing systems, boilers, windows) on a priority basis. Under this program, hospitals can receive a grant for eligible projects regardless of their own ability to raise a local share of the project costs. Hospitals can select projects based on their own priorities, subject to the program eligibility criteria outlined in the guidelines. These funds are to support only capital and infrastructure initiatives. At this time, we are awaiting details regarding the terms and conditions of this funding. We hope to have additional information in the coming weeks. We anticipate utilizing the funds to upgrade our chiller (air conditioning), domestic hot water and replacement of our back up power (generator).

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Congratulations to the new puppy parents!



William Willard and his fiancé Hilary welcomed Bauer into their family on June 2nd. Bauer is a Bernese Mountain Dog and is already 40 lbs at 4 months old.

RPNAO Features Sandra Griffiths in "The Nightingale"



## The Nightingale News



**Sandra Griffiths, Executive Director, North Renfrew Family Health Team**

Sandra Griffiths is a Registered Practical Nurse that works as an Executive Director at North Renfrew Family Health Team, which is a hospital base Family Health Team within Deep River and District Hospital. Nursing was Sandra's first and only career choice; she has been a RPN for 18 years with 11 working in primary care.

[CLICK HERE TO READ THE FULL STORY](#)

Staffing Updates



We are pleased to welcome **Jeremy Palmer** (*right*), who joined our team at the beginning of August in the IT Support role. **Madisynne Harris** (*second from right*) recently joined our team in the lab as an MLT. **Garrett Wilson** (*second from left*) and **Kirstyn Aranyosi** (*not pictured*) who were previously working in the kitchen, have moved into new student roles in Reception. Also, we are excited to welcome **Jenna Walsh** (*left*) back from her maternity leave!



We are delighted to share that Jenna Hotson (*left*) has accepted the position of Chief Nursing Officer/Vice President of Clinical Services.

We are also delighted to welcome Sarah Chard (*right*) to the new role of Nursing Team Lead. The Team Lead position will be responsible for Occupational Health Services and Nursing Professional Practice Support.

Congratulations Jenna and Sarah!



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Birthdays

*Happy Belated Birthday to those who celebrated in August*



## Physiotherapy Centre Celebrates Grant Funding



On August 9, 2017 the Physiotherapy Centre hosted a celebration to acknowledge the funding they received to run the Stand Up! Program this fall. The Stand Up! Program is a falls prevention program starting September 25, 2017 at the Deep River and District Physiotherapy Centre. The program runs for 12 weeks and consists of 2 classes of education and exercise per week at the Centre. The group will consist of 10 individuals who are high functioning, independent seniors living at home. No physician referral is necessary. Please contact the Deep River Physiotherapy Centre to register or for more details.

Pictured here, from left to right, is Richard Bedard - DRDH CEO, Rosemary Nishimura - Physiotherapist, Marie-Claude Istchenko - Physiotherapist, William Willard - DRDH CFO, Julie Gaudette - Physio Team Lead, Charles Kittmer - Physio Board Chair, Dave Murray - Physio Board Member, John Yakabuskie - MPP and Darcy Chasse - Physio Assistant.



Darcy Chasse (middle) has been with our physio team for two years. He is pictured here with the other members of the physio team - Julie Gaudette (left), Marie-Claude Istchenko (right) and Rosemary Nishimura (back).

Darcy has decided to get back to his studies this fall in Sudbury. Darcy has been a vital part of our team and we will miss his sense of humour, his great patient relation skills and his role in this organization.

Good luck in your studies Darcy and don't be a stranger!

# GLA:D PROGRAM LAUNCHES

## EFFECTIVE TREATMENT FOR PATIENTS WITH HIP OR KNEE OSTEOARTHRITIS

The GLA:D (Good Life with Osteoarthritis) Canada program is an education and neuro-muscular exercise therapy program administered by a physiotherapist and developed by researchers for individuals with hip or knee OA symptoms. Data from over 9 000 Danish patients have demonstrated improved quality of life, reduced pain intensity, less use of pain medication and decreased sick leave in persons with OA. GLA:D is supported by Bone and Joint Canada.

The Deep River and District Physiotherapy Centre is proud to host the only GLA:D program in Renfrew County!

### HOW DOES THE PROGRAM WORK?

Physician referral is not necessary but always welcome. Clients may be referred back to their physician for insurance coverage purposes or for pre-exercise screening.

Participants will receive 1 hour individual assessment with the physiotherapist before admission to the program and must be able to tolerate 1 hour of circuit training exercises.

This 8-week program consists of twice weekly 1 hour individualized group exercised and 2 education sessions to be held in our facility. Space is limited to 8 participants per session.

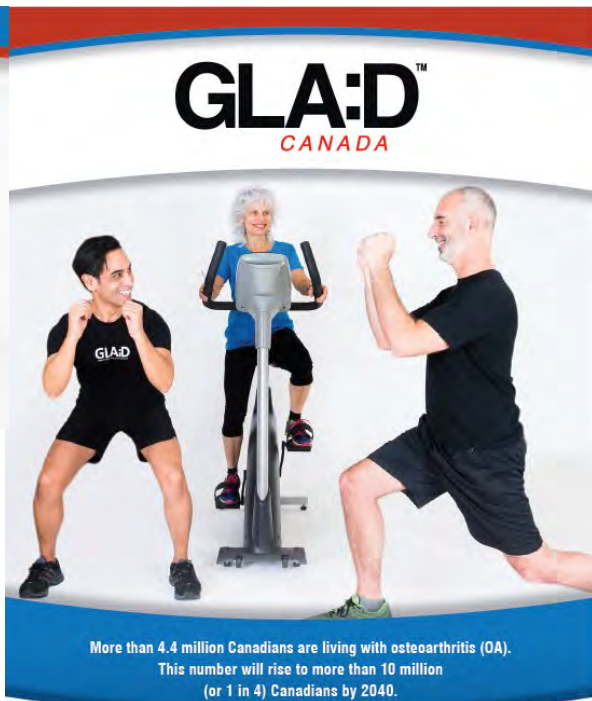
### FEES:

\$565 one time fee per participant for the full program, including individual assessments.

If you feel you or someone you know could benefit from this service, please contact the Physiotherapy Centre and ask to be assessed for GLA:D.

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New Program Announcement  
First Session: September 11, 2017



Deep River Physiotherapy Centre  
CONTACT INFORMATION:  
Monday to Thursday, 8:00 am to 4:00 pm  
Friday, 8:00 am to noon  
Phone: 613-584-9118  
OR dial extension 7500



# Foundation News

## NORTHERN CREDIT UNION HOSTS 17TH ANNUAL CHARITY GOLF TOURNAMENT IN BENEFIT OF THE DRDH FOUNDATION

Stormy weather didn't stop the fun for golfers and organizers on August 10th. The Tournament, for the 17th year in a row, was another great success and will provide much needed financial support to the Hospital. Thank you to everyone who made this event possible.





## PLEASE REMEMBER THAT THE DRDH IS A SCENT-FREE ENVIRONMENT



The Deep River and District Hospital is committed to the health and comfort of our employees, patients and visitors by providing a scent-free environment. Our Scent-Free policies outlines that staff, patients and visitors will refrain from wearing perfume, cologne, and personal care scented products such as deodorants, aftershave lotions, hair products, body powders or lotions, etc. Patients and visitors who come to the DRDH for care who are wearing scented products will be asked to wash and/or change their clothing. Visitors to the DRDH who wear scented products and are unable to wash them off will be asked to leave. The use of scented cleaning and other products within the Hospital will be minimized.

Thank you in advance for your cooperation.

### Policy Medical Attestations — Due August 31

“Attestations” have been assigned on PolicyMedical for the following policies:

**To be attested to by all staff:**

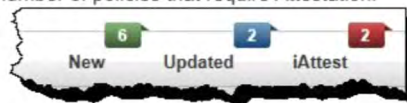
- ⇒ Whistle Blower
- ⇒ Patient Feedback (Complaints and Concerns Process)

**To be attested to by applicable staff:**

- ⇒ Abuse and Neglect – Zero Tolerance and Mandatory Reporting
- ⇒ Restraints - Minimizing Restraining of Residents
- ⇒ Residents’ Rights

#### Registered Users

1. Sign in on the home screen as a Registered User.
2. At the top right-hand side of the screen, click the red icon entitled iAttest. The icon will display the number of policies that require Attestation.



3. Policies that require Attestation will show up in the window.
4. Click the name of each policy. It will open in a new window, and you can read through it.
5. On the right-hand side of the screen, a small box will appear, entitled “iAttest Required.” Confirm your first and last name, and click Attest Now.

 A screenshot of a dialog box titled "iAttest Required". It shows "Days Remaining" as 59. There are two text input fields: the first contains "Jane" and the second contains "Smith". At the bottom, there are two buttons: a blue "Attest Now" button and a grey "Cancel" button.

The “attestation” feature of PolicyMedical allows users to confirm that they have read and understand new and updated policies and procedures. Attestations are an important feature that will be commonly used moving forward to ensure that staff are informed of, and compliant with, our organizational policies and procedures. Each attestation will have an end date, and it is expected that if an attestation is assigned to you, it is completed before the end date. If you do not complete an attestation by the end date listed, progressive discipline may be undertaken. The photo above is a step-by-step guide on how to complete an attestation that has been assigned to you.

**THE END DATE FOR CURRENT ATTESTATIONS IS AUGUST 31, 2017.**

## CEO Attends Breakfast with the Premier



## *More Long-Term Care Beds for Arnprior*

On August 16, 2017 Richard Bedard attended a “Breakfast with the Premier” in Arnprior. At the event, Premier Kathleen Wynne announced that Ontario will add an additional 36 beds at The Grove, Arnprior and District Nursing Home, which would expand from 60 to 96 beds. The Premier also announced that the home has been approved for redevelopment and, once complete, will be a modern, comfortable and restorative place for residents to live. The government is supporting The Grove’s renewal as part of the Enhances Long-Term Care Home Renewal Strategy, which will redevelop over 30,000 beds in more than 300 LTC homes across the province by 2025, bringing them up to current design standards. Wynne stated that, “Long-Term Care homes are truly people’s homes. Our support for The Grove’s redevelopment will give seniors in Arnprior a more comfortable and modern place to socialize, stay active and spend time with loved ones. This project and the dedication of this community is proof that when we work together with community partners, it is possible to keep Long-Term Care Homes viable in smaller communities”.

## *Smoke-Free Property Update*

A policy is under development to address the forthcoming legislation regarding Hospital campuses being entirely smoke-free. It is planned that the policy will be shared with staff at the beginning of September and will then be in effect by October 1, 2017. As per the legislation, current designated smoking areas for patients and staff will be dismantled and those who choose to smoke will have to leave the property in order to do so. Stay tuned for further details.

## *Paid Parking Update*

Thank you for all for the constructive feedback and considerations that have been given as research was conducted to determine the parking system that will be the most suitable for our organization. The chosen system, which will be implemented in the fall, focuses on patient care and takes patient needs into consideration. There will be no need to make any changes to the existing parking lot to implement this system and also gives the ability to accommodate those who should be exempt from paying for parking. Full details on the implementation of the paid parking system will be shared with all-staff in the near future.



# Staff Appreciation BBQ



## Foundation News



In October of 2016, the 5th Annual Kitchissippi Run successfully raised thousands of dollars for three local community organizations – the Deep River and District Hospital Foundation, the North Renfrew Long-Term Care Centre and the Friends of the Petawawa Forestry.

Pictured here presenting a gift of \$8,051.32 to the Hospital Foundation is, from left to right, is the Kitchissippi team: Amy Joyce, Ashley Pardy - DRDH Foundation Executive Director, Barb Gallagher, Meggan Vickerd, and Kristen Glowa. Missing from the photo is Kitchissippi team member Colette Giroux. The Deep River and District Hospital Foundation would like to sincerely thank the Kitchissippi organizers and all who those who participated and sponsored the event.



### *DRDH Foundation Members Lend a Hand at Summerfest*

Joan Miller (left), Ashley Pardy (middle), and Colleen Payer (right) braved the cold on Saturday, August 5th to volunteer for Deep River Summerfest selling drink tokens.



6<sup>TH</sup> ANNUAL

# KITCHISSIPPI RUN

a FUNDRAISER FOR THE DEEP RIVER AND DISTRICT HOSPITAL FOUNDATION

2KM. 5KM. 10KM. HALF & FULL MARATHON.  
*NEW THIS YEAR:* BIKE EVENTS (21 AND 42 KM DISTANCES)

*October 1, 2017 starting at the Chalk River Lions Club*

register early:  
early bird pricing ends August 31<sup>ST</sup>

for entry fees, times,  
race kit pickup info,  
and training programs, visit our website:



[KITCHISSIPPIRUN.WORDPRESS.COM](http://KITCHISSIPPIRUN.WORDPRESS.COM)



[KITCHISSIPPIRUN@HOTMAIL.COM](mailto:KITCHISSIPPIRUN@HOTMAIL.COM)



[FACEBOOK.COM/GROUPS/KITCHISSIPPIRUN](https://FACEBOOK.COM/GROUPS/KITCHISSIPPIRUN)



Deep River & District Hospital  
FOUNDATION

## Stroke Awareness Month



On June 22, the Pembroke Regional Hospital held a Stroke Awareness pop-up in the cafeteria for staff and the public to have their blood pressure checked and learn more about stroke risk factors.



## Mandatory Education Courses for ALL STAFF

Below is the list of modules that all staff members will need to complete through the Learning Management System (LMS) by December 31, 2017

- ⇒ Worker Awareness Training
- ⇒ AODA / IASR Module 2: Information and Communication Standard
- ⇒ Working Together: The Code and the AODA
- ⇒ Roles and Responsibilities of All Workplace Parties
- ⇒ AODA / IASR Module 1: General Requirements
- ⇒ AODA / IASR Module 3: Employment Standard
- ⇒ Workplace Violence and Harassment Prevention DRDH 2017
- ⇒ WHMIS 1988/2015

### Note:

If you have modules assigned from previous years, please disregard. If you have duplicate modules, please only complete one.

### To access the modules:

Click this link: <http://chlms.medworxx.com/ch-shared/learningstudio/index.cfm?fuseaction=mylearningcenter.mylearningpage> and then click "sign in" at the top right corner. Your Username is your DRDH username: **firstname.lastname** (i.e. michelle.robertson) and your Password is **password**.

If you have logged into the LMS previously you may have changed your password, if you do not remember what you changed it to try password, if it still does not work, please send an email to Michelle to have it reset ([michelle.robertson@drdh.org](mailto:michelle.robertson@drdh.org)).

*Is there something you would like to see appear in the next issue of the Zinger?  
Please submit photos and information to [amy.joyce@drdh.org](mailto:amy.joyce@drdh.org).*