

North Renfrew
Family Health Team

THE ZINGER

Newsletter for the Deep River & District Hospital
Four Seasons Lodge Long-Term Care Home and North Renfrew Family Health Team

August and September 2022

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COUNTING DOWN TO EPIC GO-LIVE

*1 MONTH
AWAY!*



COUNTDOWN TO EPIC!

1 MONTH AWAY

BETTER STANDARDIZATION, BETTER INTEGRATION AND MORE: LEARN THE MANY BENEFITS OF BEAKER

Beaker, the EPIC Lab Information System (LIS) will provide standardization across all participating sites. It goes live along with Epic on Nov. 5!

See below to learn more about what Beaker can do for you.

BENEFITS OF BEAKER

- LIS standardization across participating sites.
- Fully integrated clinical system (HIS/RLIS).
- Reduced risk of cyberattacks.
- Reduced overall integration and system support needs.
- Reduced potential points of system failures.
- Standardized workflow across all sites, including for nurses and phlebotomists leveraging Rover for closed loop specimen collection.
- Simplified partner access and connectivity – leveraging existing Epic routing.
- Minimized impact of multiple downtimes for upgrades/patches, etc.
- Improved add-on ordering capabilities.

In addition to the benefits above, Beaker will provide additional efficiencies and better patient care. In short, Beaker will improve our ability to provide a comprehensive digital health record for every patient, enhancing standardization, information-sharing and continuity of care.



Please stay tuned for more exciting information about EPIC in our monthly EPIC updates!

EPIC TRAINING



Our team members have been busy with End-User training for Epic, which in case you haven't heard—is going live on November 5th!



A huge shout-out to our Certified Trainers—Allison Lepack, Cara McGuire, and Madison Magne, as well as our Super Users—Karen Winegar, Whitney Green, and Brandy Raven for all their hard work and supporting our team to be ready for go-live!

Epic Final User Readiness Survey

We want to check in and see how everyone is doing with a 3rd and final Epic User Readiness Survey. The survey is now active and your feedback is important. Throughout our planning for Epic, your ideas and suggestions have made a big difference, and we appreciate your continued input.

Please take a moment to complete the last Epic readiness survey by clicking on the link [HERE](#). The deadline for completing the survey is October 21st.

EPIC TOWN HALL

Don't miss our Epic Town Hall on Wednesday, October 5 from 2:30 – 3:30 pm in the cafeteria, where we will be discussing plans for go-live and the post go-live period afterwards. If you can't make it in person, don't worry—you can also participate in the Town Hall via Zoom, or watch the video recording afterwards.

'EPIC' HEALTH INFORMATION SYSTEM AT THREE EASTERN ONTARIO HOSPITALS READY TO LAUNCH ON NOVEMBER 5TH

SEPTEMBER 27, 2022 – On November 5th, the new Epic health information system will be launched at Deep River & District Hospital (DRDH), Kemptville District Hospital (KDH) and Winchester District Memorial Hospital (WDMH). Training is now underway as staff and physicians prepare for a new way of caring for our patients.

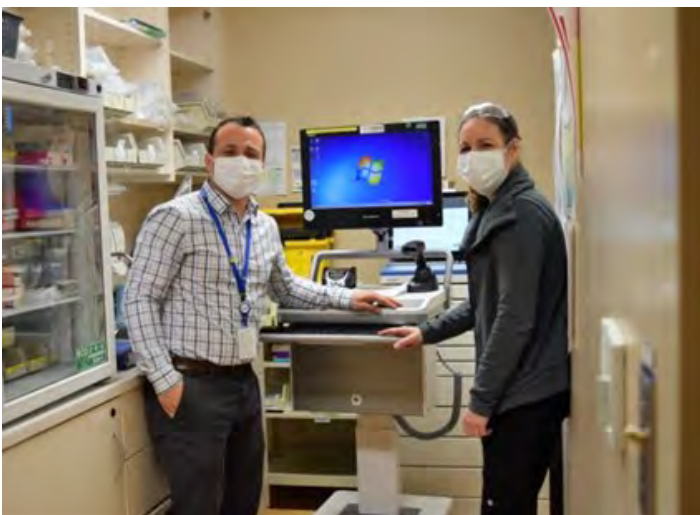
“November 5th is just over a month away and we will be ready,” said Frank J. Vassallo, KDH’s CEO. “Our teams have been working tirelessly to train and prepare for Epic. They see the benefits first-hand.”

Epic is a powerful digital health information system that uses the latest technology to securely store, organize, and access patient records. “The new Epic system will support both patients and their care providers,” noted Janna Hotson, the CEO of DRDH. “Simply put, patients will get better access to their own health information and more seamless care from their providers.”

The three hospitals will now become part of a digital network of nine hospitals in the Ottawa region using the world-class health information system. “Epic replaces the current hospital information systems made up of multiple electronic and paper-based systems containing different parts of a patient’s health record,” added Cholly Boland, CEO of WDMH. “Epic gives the patient’s care team the information they need at their fingertips and is proven to reduce wait times, length of stay in hospital, and readmission.”

Another benefit of Epic is the private MyChart portal. Patients will have their health story at their fingertips, anytime, anywhere. MyChart subscribers can see their medical history, diagnostic test results, upcoming appointments, lists of allergies and medications, and even educational materials.

As part of the planning process, each hospital will be reducing some services at the time of launch to ensure that staff have time to care for each patient while fine-tuning and perfecting their use of the new system. More details will be provided on the hospital websites and social media channels leading up to November 5th. Thank you for your patience and understanding.



Epic

Clinical Manager Michael Paglia and Jennifer Sanger, RAI Coordinator at Winchester District Memorial Hospital check out the new portable Workstations on Wheels.

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LONG-TERM CARE DEVELOPMENT PROJECT—FOCUS GROUP MEETINGS



Thank you to everyone who participated in one of the Long-Term Care Development Project focus group meetings over the summer and provided your input into the design process for our new home. If you were not able to participate in any of the focus groups, we hope that you were able to provide feedback via the SurveyMonkey and paper surveys that were distributed.

DEEP RIVER & DISTRICT HOSPITAL
LONG-TERM CARE DEVELOPMENT PROJECT
OPEN HOUSE
 FOR OUR STAFF AND RESIDENTS

Deep River and District Hospital

OCTOBER 13, 2022
1:00 PM – 3:00 PM
 Onsite at DRDH

SAVE THE DATE!
 MORE INFORMATION TO FOLLOW
PUBLIC OPEN HOUSE TO TAKE PLACE BETWEEN 6-8 PM

The designers and architects are now busy incorporating all the great feedback we received from our staff and stakeholders to date, and we look forward to sharing all the exciting project updates soon. In fact, we are planning two Open Houses on October 13 to do just that!

First, there will be an Open House onsite at DRDH for all our team members and residents between 1:00 pm and 3:00 pm.

Later that same day, an Open House will be held for the public between 6:00 pm and 8:00 pm at the Deep River Town Hall.

Check out the News Release on the next page for more information about the Open House events.

DRDH HOSTING COMMUNITY OPEN HOUSE ON NEW LONG-TERM CARE HOME BUILD

The Deep River & District Hospital’s (DRDH) project team has been busy over the summer hosting focus group meetings with staff, residents, and other community stakeholders, to gather feedback and help guide designs for the new 96-bed Long-Term Care Home.

The project team has made substantial progress behind the scenes and is now hosting an “Open House” to share all the exciting progress with our community.

Members of the community are invited to attend a public “Open House” event on Thursday, October 13, from 6:00 pm to 8:00 pm at the Deep River Town Hall to hear all the exciting project updates and share ideas.

The “Open House” will feature a number of information stations staffed by members of the project team, including architects and DRDH team members. Information stations will highlight progress made to date, the journey ahead, fundraising goals, design renderings, future employment opportunities, and much more.

Coffee and refreshments will be available thanks to the generous support of the Deep River and District Community Foundation (DRDCF). Support from the DRDCF will also allow for the creation of printed displays to showcase design renderings for the new Home.

As designs continue to evolve, this “Open House” is an opportunity to share the project evolution and hear from our community about how the new Home can best meet the needs of our residents for years to come.

The Deep River & District Hospital received approval from the Ministry of Long-Term Care for the new Home in 2019, and has since been working diligently to progress the project forward. The new Four Seasons Lodge Long-Term Care Home, estimated to open as early as 2025, will be home to 96 residents located on DRDH’s health campus. In addition, the new Home will greatly contribute to the economic prosperity of our area by providing 200 new jobs and an increase of \$5M in direct wages annually. Support from the Closer to Home campaign will enable the project to be completed with newly improved design standards and for the new Home to be sustainable for generations to come.

For more information about the Long-Term Care Development Project, and the Closer to Home fundraising campaign, please visit drdh.org/ClosetoHomeCampaign.

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DEEP RIVER & DISTRICT HOSPITAL
LONG-TERM CARE DEVELOPMENT PROJECT
OPEN HOUSE
 OCTOBER 13, 2022
 6:00 PM – 8:00 PM
 DEEP RIVER TOWN HALL

Come to hear all the exciting project updates and share ideas!

Information stations will highlight progress made to date, the journey ahead, fundraising goals, design renderings, future employment opportunities, and much more!

Printed displays to showcase design renderings for the new Home and refreshments will be available thanks to the generous support of the Deep River and District Community Foundation—thank you!

Deep River and District Hospital

GIVING BACK
 Deep River & District Community Foundation

DEEP RIVER & DISTRICT HOSPITAL TO WELCOME NEW DOCTOR

The Deep River & District Hospital (DRDH) is thrilled to be welcoming another new physician to our community.

Dr. Caitlin Armer will be coming to DRDH in the fall of 2022, adding to our community's complement of family physicians.

Dr. Armer will be joining the North Renfrew Family Health Team (NRFHT) physician group, which also includes Drs. Kipp and Corrigan. Dr. Armer will be taking over for Dr. Hanene Ben Amor, who recently announced that she will be transitioning her practice from the NRFHT to the 'Family Health Organization' physician group. Dr. Ben Amor is joining the Family Health Organization in order to take over for Dr. Elizabeth Noulty, who after 34 rewarding years, shared that she will be retiring from her office-based family medicine practice this fall.

Dr. Armer will be assuming care for existing patients of Dr. Ben Amor at the NRFHT, and will not be taking on any additional patients at this time.

To put your name on the waitlist for doctors accepting new patients in our area, please call Health Care Connect at 800-445-1822 or [click here to visit the Health Care Connect website](#).

In addition to her family medicine practice in the NRFHT, Dr. Armer will also begin providing care for in-patients at the Deep River & District Hospital in the coming months.

Although Dr. Noulty is retiring from her family medicine practice, she will continue to provide care for residents of our local Long-Term Care Homes. Dr. Ben Amor will be assuming care for existing patients of Dr. Noulty, and will also continue providing care for in-patients and supporting the Emergency Department at the Deep River & District Hospital.

Dr. Armer may be a familiar face to many in Deep River already, as she completed a portion of her residency working with the NRFHT.

Dr. Armer completed her undergraduate education with an HBSc in Biochemistry Specialization at Queens University after growing up just outside of Kingston, Ontario. Dr. Armer then went on to complete medical school at the University of Toronto, and completed her Family Medicine Residency locally in Pembroke through the University of Ottawa. Dr. Armer currently resides in Petawawa with her partner, Rob Keen, and they are looking forward to relocating to Deep River.



Dr. Caitlin Armer

DRDH President and CEO, Janna Hotson, expressed her enthusiasm to have Dr. Armer come back to DRDH. “We are thrilled to welcome Dr. Armer as a family physician to our team and to our community. We are gaining an outstanding doctor and maintaining our complement of primary care physicians, which will ensure patients of our Family Health Team keep their access to a family doctor locally”.

Janna also extended best wishes on behalf of the Deep River & District Hospital to Dr. Noulty on her family practice retirement, stating, “All of us at DRDH extend a sincere ‘thank you’ to Dr. Noulty for her many years of dedicated service and wish her all the best in retirement. The Long-Term Care residents in our community are very fortunate that they will continue to be able to receive care from Dr. Noulty, and we look forward to benefiting from her experience as we grow our new 96-bed Long-Term Care Home”.

“We are very excited to officially welcome Dr. Armer to our local physician group and back to the NRFHT now that her residency is complete,” added David Dox, DRDH Board Chair. “We are fortunate to have such an excellent physician who has chosen Deep River as the community in which to set up her practice”.

The Deep River & District Hospital formed a “Medical Recruitment Team” in 2019, which primarily looks at physician recruitment and retention for our community. In addition to welcoming new physicians Dr. Sage and Dr. Ceponis in 2021, the Medical Recruitment Team remains active with recruitment efforts underway for a role in the Family Health Team, as well as additional roles in the Emergency Department, and future planning.

The three municipalities of Deep River, Laurentian Hills, and Head, Clara & Maria recognize that recruiting and retaining physicians in North Renfrew is crucial to the physical and economic health of our communities. The four-party partnership with the Deep River & District Hospital enables recruitment and retention activities to be supported.

Please join the Deep River & District Hospital in providing Dr. Caitlin Armer, and her partner, a warm welcome to our community.



Dr. Caitlin Armer with her partner, Rob Keen, and their dog, Buddy

MANDATORY EDUCATION—past due

Please see the assigned education for the month of September. **This was due to be completed by September 28, 2022.** Please contact Mary Goodchild if you are having any issues accessing the education.

MANDATORY EDUCATION

All Staff

- Incident Report Policy

RNs

- Urinalysis QA's



Maintenance, RPN, PSW, Housekeeping, Physiotherapy

- Bed Safety Management Policy

RN, RPN, PSW, Dietitian, Physiotherapy

- Skin and Wound Management / Ulcer Prevention and Treatment Policy

Housekeeping

- RICN Environmental Cleaning Best Practice – Cleaning a Blood/Bodily Fluid Spill

DEEP RIVER AND DISTRICT HOSPITAL
FOUR SEASONS LODGE
NORTH RENFREW FAMILY HEALTH TEAM

Policy: Incident Reporting	
Original Date: 2018-05-09	Policy Manual: Administration
Approved by:	
<input type="checkbox"/> Board of Directors <input type="checkbox"/> Chief Financial Officer <input type="checkbox"/> Chief Executive Officer <input checked="" type="checkbox"/> Chief Nursing Executive	

Policy:

The North Renfrew Health Campus, comprised of the Deep River & District Hospital, the Four Seasons lodge and the North Renfrew Family Health Team, is committed to providing a safe environment for its workers, clients and visitors. However, despite best efforts, incidents do occur during the delivery of health care. These events may involve workers, patients/residents, family members or members of the public. This policy describes the types of situations which may occur that will require the filing of an electronic incident report. The purpose of the reporting system is to:

- Ensure important information and details of an incident are accurately recorded and kept safe
- Maintain legislative compliance
- Identify developing trends and/or patterns which may point to system or process errors
- Ultimately prevent future incidents and harm from occurring

Incidents Requiring Reporting in Surge
When in doubt, report. The organization would rather have an over-abundance of incident reports than too few.

The following is a list of incident types to report in Surge:

- Critical or adverse patient incident
 - Including incidents related to medical devices, therapeutic products or delayed treatment
- Any type of medication incident
- Patient, staff or visitor fall
- Workplace Violence (including but not limited to: threats, harassment, sexual assault, physical assault)
- Good Catch/Near Miss
- Mild harm or no harm incident
- Staff incidents
- Newly acquired C-Diff or ARO
- New or worsening wounds/pressure ulcers
- Anything which also requires completion of WSIB form

Who is responsible for submitting the incident report?

This is a controlled document prepared solely for use at Deep River and District Hospital (DRDH). DRDH accepts no responsibility for use of this material by any person or organization not associated with DRDH. No part of this document may be reproduced in any form for publication without permission of DRDH. A printed copy may not reflect the current electronic document and should always be checked against the electronic version prior to use.

Page 1 of 7



6 CYBER SECURITY HABITS TO BREAK

IS YOUR COMPUTER LOCKED?

Bad habit 1: Leaving your computer unlocked and unattended

With the slip of a USB stick, bad actors can corrupt files or steal information. This applies at coffee shops and even the office. Anytime you leave it, lock it!

Avoid unknown USB charging ports, too. They're easy for hackers to compromise and can also physically damage your device.

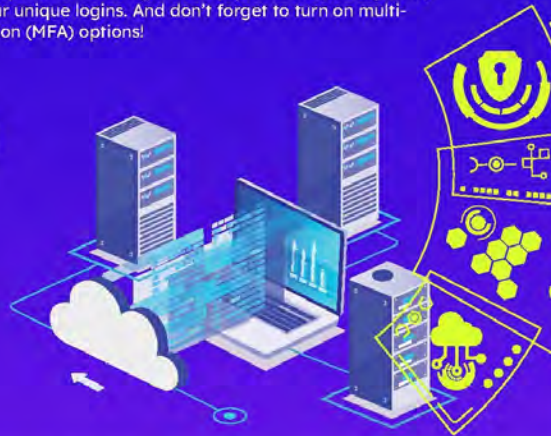


ARE YOU *ACTUALLY* CREATING STRONG PASSWORDS?

Bad habit 2: Using weak passwords

Short, common, old, default, and guessable passwords can have serious consequences.

Consider utilizing a password manager to help you create, change out, and remember your unique logins. And don't forget to turn on multi-factor authentication (MFA) options!



ARE YOUR SYSTEMS UP-TO-DATE?

Bad habit 3: Letting security updates slide

Every device, app, and antivirus you use has to be using the most recent version to be effective. New security patches keep hackers from manipulating known vulnerabilities.

See an available update? Don't wait! Download. Reboot. Repeat.

ARE YOU KEEPING YOUR PERSONAL + WORK LIFE SEPARATE ON YOUR DEVICES?

Bad habit 4: Using company equipment for personal use

More than half of us are guilty of it – especially if you WFH. A personal text or email may not seem like a big deal, but the consequences are real. Risks are even higher when online shopping or downloading non-company software.

If you do nothing else, delete personal data from your work machine and stop storing sensitive company info on your personal devices.

ARE YOU STAYING VIGILANT ABOUT EMAILS?

Bad habit 5: Getting too comfortable in your inbox

At least 90% of company-side cyber attacks come from a malicious email.

Don't let your guard slip. Take a moment to examine the "from" address in every email that hits your inbox, along with checking for suspicious links. (Yes, even if you know the sender.)



HAVE YOU RESEARCHED CYBERSECURITY LATELY?

Bad habit 6: Letting your cybersecurity knowledge stagnate

Cybersecurity best practices change daily. Don't assume you know everything: Keep yourself educated.

HAPPY ENVIRONMENTAL SERVICES WEEK

**HAPPY ENVIRONMENTAL SERVICES WEEK!** *September 11-17, 2022*

September 11—17, 2022 was Environmental Services Week!

Our amazing Environmental Services team ensures our organization is a clean and safe place for our patients, residents, visitors, and staff. Even with all the challenges and changes that have come their over the pandemic, this team remains resilient in their efforts to protect others.

All our Environmental Service team members play a vital role on the healthcare team. We are proud to celebrate Environmental Services Week with these amazing healthcare heroes who work tireless 24/7. Please take a moment to thank them for the incredible job that they do!

Pictured here representing our housekeeping, laundry, and maintenance departments respectively, are Terry Firlotte, Linda Sammon and Keith Benson.

ENVIRONMENTAL SERVICES
Together
SAVING LIVES

THANK YOU TO CNL!



Thank you to Canadian Nuclear Laboratories for allowing us to use two trailers throughout the pandemic. Beginning in November 2020, the smaller of the two trailers donated by CNL allowed us to open a COVID-19 testing centre onsite in partnership with the Renfrew County Virtual Triage and Assessment Centre. With the transition to a second, more enhanced, trailer donated by CNL, we were also able to offer COVID-19 vaccines to our community beginning in April of 2021. Having use of both trailers donated by CNL helped us to ensure local availability of COVID-19 testing and vaccination for members of our local communities.

As COVID-19 response becomes part of our regular operations, and with the second trailer now returned to CNL, we are reflecting on all the support we have received over these last few years of emergency response. Thank you to CNL for your willingness to work with us on unique solutions to care for our communities during these last few difficult years!

IT'S BACK TO SCHOOL TIME! TIPS FOR PARENTS TO REDUCE STRESS AND ANXIETY



Here is some advice from LifeSpeak Experts on making the transition back to school a little bit easier:

1) FINDING CREATIVE WAYS TO HELP WITH ANXIETY

Depending on the age of your child, you can use puppets/lego/stuffies or drama activities to “act out” going back to school. Go through the details of the day - from waking up, to putting on the backpack, to wearing a mask, to waving goodbye - this will help to normalize the experience and ease the transition.

2) CREATING A SAFE SPACE TO SHARE ONE’S FEELINGS

One great way to ensure that your children are having good mental health is to be able to talk to them about the need for expressing our emotions. And sometimes our kids will talk to us about our emotions. But sometimes they prefer to keep it private. They don't want to share their secrets with us. Help them identify somebody else that they can talk to. Is there a special aunt, a grandparent, a teacher, a school counselor? The most important thing is that they talk and express their feelings.

3) REFRAMING AND REFOCUSING FEAR

Sometimes, reframing anxiety as excitement can be really helpful. You have a presentation tomorrow? — That’s really exciting! You’ve been chosen to be the lead in the school play? — That will be fun to prepare for. You’re going to start at a new school tomorrow. — Meeting new people will be really interesting.

4) ALLEVIATING SEPARATION ANXIETY

It's so difficult when our child doesn't want to go to school, but encouraging them to go is building their resilience. You can do things to build a "bridge" between you and them such as planning what you'll do together when you pick them up from school. You may also write a note and put it in their lunch bag. You may also have a school counselor (most schools do), and you could ask them to monitor and check in with him to have another person he can go to for support if need be.

5) PACKING LUNCH FOR KIDS

We want easy to eat, “grab and go” meals because for most children, lunch time is only a few minutes. You want to focus on choosing foods for the lunchbox from different food groups. Those would be grain foods, fruits and vegetables, as well as protein foods, things like pasta, wraps, tortillas, pitas, bagels, and vegetables like carrots, peppers, cucumbers, cherry tomatoes and my favorite snap peas, fruits like berries, apples, pears, peaches and frozen mango, and even protein foods such as black beans or chickpeas, perhaps leftover meat or chicken tofu cubes, nut free spreads and soft and hard cheeses. They're all great options to put together a balanced lunch!

6) HELPING A CHILD WITH EXECUTIVE FUNCTION DEFICITS, SUCH AS ADHD OR AUTISM, FOCUS ON THEIR HOMEWORK

Make sure your child takes breaks when their attention starts to decline. They should get up and move around, or maybe have a change in scenery or eat a snack. There are no hard and fast rules that work for all kids, so be flexible and creative.

Click here to read the full article from LifeSpeak:

<https://wellness.lifespeak.com/expertblog/5632>

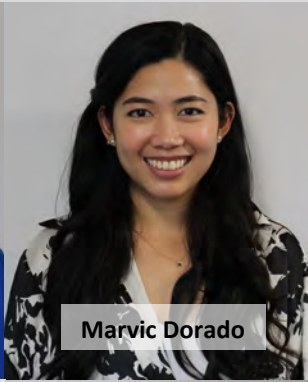
NEW HIRES



Shahed Albakhit



Darlene Cook



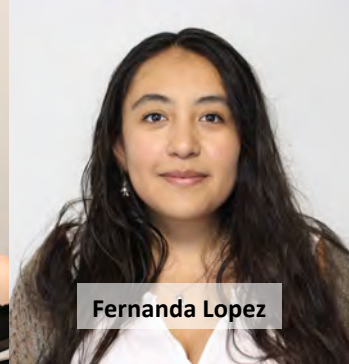
Marvic Dorado



Guylaine Fauvel



Polina Lane



Fernanda Lopez



Catherine Priyan



Kaylynn Voisin

We are thrilled to have welcomed eight new members to our team over the last couple of months. **Shahed** is a Screener, **Darlene** is a Housekeeper, **Marvic** is a Registered Nurse, **Guylaine** is a Registration Clerk, **Polina** is a Registered Practical Nurse, **Fernanda** is a Personal Support Worker, and **Catherine** and **Kaylynn** are both Dietary Aides. Please join us in extending a warm welcome to all our new team members!

We are also pleased to be hosting three co-op students from Mackenzie Community School this semester. **Sujal** is doing his co-op in IT, **Logan** is doing his co-op in Physiotherapy, and **Chelsea** is doing her co-op with the Foundation.

welcome



Sujal Patel



Logan Kirkpatrick



James Thompson and Chelsea Chang

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CONGRATULATIONS GERALD!



Gerald Chaput reached a remarkable service milestone recently—with August 16 marking **40 years** of service at DRDH. What an accomplishment! Congratulations Gerald, and cheers to many more great years!

MANULIFE ID NOW REQUIRED

Through the Fall, members who haven't created their new Manulife ID yet will be prompted to do so when they sign in with their plan contract and certificate numbers.

Starting in October, members will be encouraged to create their new Manulife ID when they sign in, but the mandatory use will not be turned on at the same time for everyone. Over the fall, all members will transition to the mandatory use of Manulife ID. Members who have already created their new Manulife ID will have to use their Manulife ID to sign in.

Members can find support materials and FAQs about Manulife ID by [clicking here](#).



MANULIFE ID NOW REQUIRED

Please see below for an update from HOOPP:

Earlier this year, HOOPP announced a benefit improvement that provides eligible members with a larger pension, effective January 1, 2023. HOOPP is proud to offer its members this increase to their lifetime pension and provide greater peace of mind in retirement.

Eligible members who are active in the Plan on or after January 1, 2023, will now receive a larger lifetime pension for each year of contributory service before 2023.

How much is your pension increasing?

Visit HOOPP Connect (hoopp.com/connect) today to get a personalized estimate that shows how much bigger your pension will be.



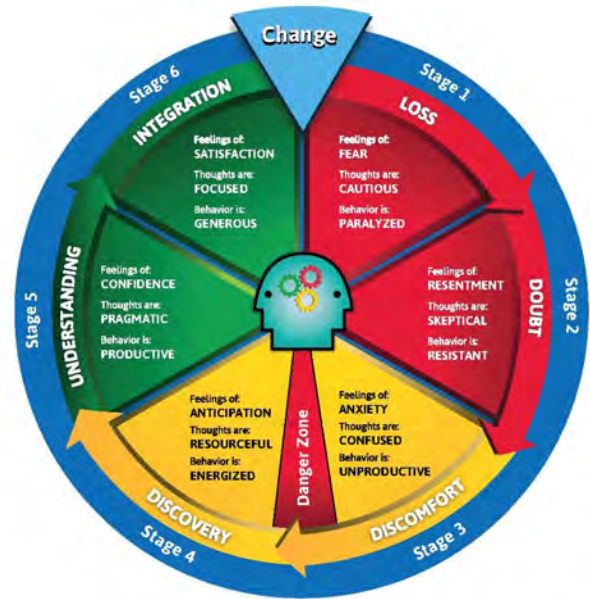
HOOPP
Healthcare of Ontario
Pension Plan

LEADERSHIP DEVELOPMENT INSTITUTE

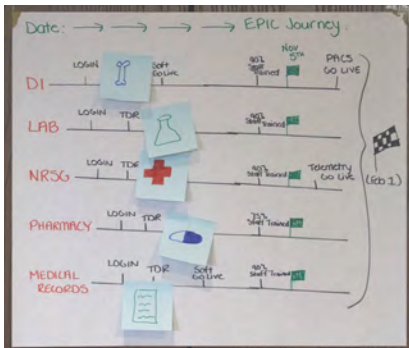
On September 14, participants from across the organization took part in a Leadership Development session focusing on leading others through The Change Cycle™. The Change Cycle™, based on research of the brain’s response to change, is one of the most practical and well-developed methods available to individuals, teams and organizations to help navigate their way through change. The learnings from the session built on those from the last session in June about leaders’ own response to change, and helped identify skills and behaviours that will help us all move through all the exciting changes coming for our organization more seamlessly.

The session included an activity where skits were performed, and participants donned some silly costumes to help them personify the four different TrueColours personality types.

We also spent some time brainstorming a visual tracking system for our Epic implementation. Keep an eye out on the wall outside of the locker rooms to see the rough ideas below brought to life!



www.ChangeCycle.com



HAPPY RETIREMENT DR. BUSHBY!

Thank you to everyone who came out to join us at the Deep River Yacht and Tennis Club on Monday, September 26 in celebration of Dr. Bushby's retirement.

After 29 amazing years at DRDH, Dr. Bushby is beginning a new chapter and entering into a very well deserved retirement. We will miss you Dr. Bushby, but wish you all the best!



Also, thank you to everyone who provided a clip for the video of our combined well wishes for Dr. Bushby!



BREAST CANCER AWARENESS MONTH






OCTOBER IS BREAST CANCER AWARENESS MONTH

GET THOSE PUPPIES CHECKED!

— BOOK YOUR MAMMOGRAM TODAY —



The Deep River and District Hospital is a local site for the Ontario Breast Screening Program (OBSP). Why choose OBSP?

-  Reminder letter sent from OBSP for future appointments
-  Report mailed directly to you and your family physician
-  OBSP provides large database for breast care research
-  Best practice for breast screening
-  No physician referral required

Breast screening is an important part of maintaining your overall health and well-being, as regular mammograms lower the risk of dying from breast cancer in women ages 50 to 74.

Deep River and District



Hospital

Women over 50: Call 613-732-1463 and request your appointment locally in Deep River. No physician referral required!

BATHROOM RENOVATIONS



As you have probably noticed, the washroom beside the lab has been out of order for a few weeks now. Contractors have begun work to re-habilitate the washroom. The work will include breaking up the current floor in the lab washroom and the adjacent washroom in DI. The work may be loud as the concrete floor is worked on. Thank you for your patience and we hope to have this washroom back in operation soon!



DRDH FEATURED IN CANADIAN HEALTHCARE TECHNOLOGY

Healthcare Technology

ISSUES ADVERTISE SUBSCRIBE EVENTS VENDORS ABOUT US

NEWS AND TRENDS

How to deter cyber-attacks: TOH outlines its best practices

MySE Life app expands to include personal support staff

Real-time locating system helps staff find equipment quickly

BRIA provides women with virtual care for reproductive mental health

Digital platform reduces administrative burden on specialists

ELECTRONIC RECORDS

Three Ontario hospitals to implement Epic system

August 24, 2022

WINCHESTER, Ont. – Winchester District Memorial Hospital (WDMH), Kemptville District Hospital (KDH) and Deep River & District Hospital (DRDH) will be going live with the Epic health information system in November 2022, ushering in tremendous benefits for patients and their care providers.

Epic is a powerful digital health information system that uses the latest technology to securely store, organize, and access patient records while maintaining patient privacy. It provides a comprehensive digital health record for every patient, enhancing standardization, information sharing and continuity of care.

Simply put, patients will get better access to their own health information and more seamless care from their providers.

With Epic's private MyChart portal, patients will have their health story at their fingertips. Anywhere, anytime, MyChart subscribers can see their medical history, diagnostic test results, upcoming appointments, lists of allergies and medications, and even educational materials.

"Epic replaces the current hospital information systems made up of multiple electronic and paper-based systems containing different parts of a patient's health record," explained Cholly Boland (pictured on left), CEO of WDMH. "Epic gives the patient's care team the information they need at their fingertips and is proven to reduce wait times, length of stay in hospital, and readmission," he added.

By implementing Epic, DRDH, KDH, and WDMH become part of a digital network of nine hospitals in the Ottawa region using the world-class health information system.

"The driving force behind the decision to implement Epic now was our commitment to continually improve patient care and the patient experience," said Frank J. Vassallo (pictured in centre), KDH's CEO. "Once live with Epic, we will be able to provide seamless care as part of a fully integrated network of hospitals in the Ottawa region all using the same system."

This means that when a patient is transferred between hospitals who use Epic, critical information will be available immediately to their new healthcare team and the patient will not have to repeat their medical history over and over. Within each hospital, the information will be available and up to date everywhere in the facility, improving communication, quality care and patient safety.

While the switch to Epic requires a large amount of internal planning and training, staff at each of the three hospitals are embracing the change. "We are very pleased with the enthusiasm of our team as we work towards implementation of Epic," explained Janna Hotson (pictured on right), the CEO of DRDH. "Our providers recognize that the integration and collaboration that this Epic partnership provides will ultimately lead to safer, more efficient care."

DRDH, KDH and WDMH will all be going live with Epic on November 5, 2022.

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Our recent joint news release about our upcoming Epic implementation was featured in the August edition of Canadian Healthcare Technology!

[Click here](#) to check it out!



CLICK HERE
ORDER YOURS TODAY!

FOUNDATION NEWS—DEEP 50/50

\$6,745 WON IN SEPTEMBER DEEP 50/50 GRAND PRIZE DRAW

Congratulations to **Taylor Gavin** of Petawawa. She had winning ticket **#99002014062** which allowed her to claim the Grand Prize Draw for September, a **\$6,745** prize!

The September Deep 50/50 had excellent community support, and the excitement will continue to grow into the Fall!

Buy your tickets early each month for a change to win both the Early Bird and Grand Prize draw. All of the money raised will go towards the \$2.5M Closer To Home campaign for the 96-bed Long-Term Care Home on the Deep River & District Hospital Campus.

Catch the fantastic volunteers every Wednesday between 11am - 5pm at Jan's Valumart or at the DRDH Gift Shop, and purchase a bundle of tickets to grow the prize and help us all get Closer To Home.

Tickets are also available online at deep5050.ca— and the winner list for previous draws is available at deep5050.ca/winners.

Congrats to Dale Pennock, pictured here, who was the lucky winner of the August Deep 50/50 Grand Prize, and to Christine Howlett, who won the Early Bird Draw earlier this month!



VIEW JACKPOT - BUY TICKETS - DEEP5050.CA



FOUNDATION NEWS

The Foundation had tremendous support on Friday, August 26th for the 20th Annual Deep River & District Hospital Golf Tournament presented by Carroll CPA.

All proceeds from the event went towards the *Closer To Home* campaign to build a 96-bed Long-Term Care Home in Deep River. It was a wonderful day, featuring traditional Scottish weather - perfect for the game of golf.

The winner of the Tournament was *Team Verdun* composed of Todd Chaput, Wendy McCauley, Toban Verdun, and Jesse Wright, who are henceforth bestowed with "bragging rights" as well as the first spot on our new Tournament plaque to be displayed on the walls of Deep River & District Hospital. They also received gift cards to spend at Canadian Tire.



Congratulations to winning team members Wendy McCauley, Todd Chaput, Tobin Verdun and Jessie Wright!



FOUNDATION NEWS

Thanks to ALL volunteers, sponsors, teams, donors, and DRGC staff for allowing the 20th Anniversary event to be so fun and successful. We had 72 golfers from the Ottawa Valley and beyond, 27 sponsors, and 35 silent auction gifts. In total, **\$27,000** was raised and we are very grateful for the generosity of our community. Thank you.

May the Tournament continue on for another 20 years!

Check out the full article, and see some more photos from the day, on the Foundation website by clicking [HERE](#):



CLOSER TO HOME CAMPAIGN RECEIVES \$25,000 PLEDGE FROM DRDH EXECUTIVE TEAM

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Pictured here is the DRDH Executive Team making a combined pledge of \$25,000 to the Closer to Home Campaign. From left to right is William Willard, VP of Operations & CFO, Janna Hotson, President & CEO, and Tabitha Kearney, VP of Clinical Services & CNE.

The Deep River & District Hospital (DRDH) Executive Team recently made a combined personal pledge of \$25,000 towards the Closer to Home campaign to raise \$2.5M for the new 96-bed Long-Term Care Home in Deep River.

DRDH Executive Team members pledging their support for the campaign include Janna Hotson, President & Chief Executive Officer, William Willard, Vice-President of Operations & Chief Financial Officer, and Tabitha Kearney, Vice-President of Clinical Services & Chief Nursing Executive.

Janna Hotson is pleased to participate and demonstrate her personal investment in the campaign. "I am convinced of the positive impacts that this new Long-Term Care Home will bring to our community for many years to come," stated Hotson. "Our Executive Team wants to show our support and encourage others to join us in supporting the campaign."

James Thompson, DRDH Community Engagement and Fundraising Coordinator, was thrilled to accept the pledge. "I am very encouraged to see the Executive Team make a personal commitment to the campaign, and their commitment is an inspiration to our community."

Thompson was also excited to share the various benefits of the new 96-bed Long-Term Care Home, and how it will directly effect nearly everyone across our community with the anticipated opening in late 2025.

Continued on next page...

“It’s tempting to think that a new Long-Term Care Home only matters for those people waiting for care at this moment, or those who might need care soon,” said Thompson, “but the reality is that healthcare is interconnected. Building this Home improves the ability for DRDH to offer care to everyone, at all ages and life stages.”

“Currently, the solution for those in need of Long-Term Care in our community all too often involves moving far away, which can lead to physical and social isolation. Our current shortage of beds means that many people may be separated from their loved ones to get proper care.” The new Home will multiply the current capacity for Long-Term Care at DRDH by over nine times.

Thompson also shared the substantial economic boost that the Home’s construction will bring, citing over \$30M already committed by the Ministry of Long-Term Care towards the project and the 200 new jobs and \$5M in additional direct wages that will come annually once the project is complete. “When you compare those numbers against the \$2.5M the community must raise, it’s a strong return on investment.”

The DRDH Executive Team is encouraging others to join them in making a pledge to support the Closer to Home campaign. If you are interested in contributing towards the \$2.5M goal, please contact James Thompson at the Deep River & District Hospital by phone, by email, or in-person. Donations can be tailored towards the needs of the donor, and dedication and recognition opportunities are available.

For questions about the *Closer to Home* campaign please contact:

James Thompson

Community Engagement and Fundraising Coordinator

Deep River & District Hospital, Deep River & District Hospital Foundation

james.thompson@drdh.org

613-584-3333, ext. 7140

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AUXILIARY NEWS



On August 19, Judith Cloutier, Jenny Ward and Linda Russell of the Auxiliary presented a donation to Jenny Hickson, Director of Care of the Four Seasons Lodge. The Auxiliary hosted a specialty sale at this year's Deep River Summerfest, raising a total of \$1,147 which will be used towards the recreation program at the Four Seasons Lodge. The organization extends its thanks to the continued support of the Auxiliary!

NOMINATE A DESERVING PEER TODAY!

The word "ESSENTIAL" is written in a large, bold, sans-serif font. Each letter is filled with a different color and is composed of several interlocking puzzle pieces. The colors include shades of green, blue, and grey.

The word "PIECES" is written in a large, bold, sans-serif font. Each letter is filled with a different color and is composed of several interlocking puzzle pieces. The colors include shades of green, blue, and grey.

If you would like to nominate a staff member, physician, and/or volunteer who you feel should be recognized for their contributions, please complete the *Essential Pieces* nomination form. **A nomination can be submitted any time of the year!**

The nomination form can be found on Policy Medical ([Organizational Resources](#) —> [Human Resources](#) —> [Essential Pieces Award](#)).

The form can then be submitted to Amy Joyce (amy.joyce@drdh.org) in which ever format works best for you, either email or a paper copy enclosed in an envelope.

FOUR SEASONS LODGE NEWS



September 12 – 18, 2022



Celebrating Residents & Family Council Week



This year marks the third annual Residents' and Family Council Week celebrated at the Four Seasons Lodge Long-Term Care Home!

The Council brings together residents and their family members to stay connected and engaged in the Home's operations and decision-making. Residents' and Family Council is intended and designed to form a collective voice of all residents and their family members. Pictured here are just a few of the residents who make up the Council at the Four Seasons Lodge. Every individual plays such a vital role in shaping the Lodge into the Home that it is. We would like to extend a sincere thank you to our residents and family members for their continuous dedication to the Home and the Council. Happy Residents' and Family Council Week!



OUT AND ABOUT

On Wednesday, September 29, Allison Lepack and Rebekah Thompson represented DRDH at the Seniors Active Living Fair, hosted by the Senior Friendship Club. It was a great community event and offered us a chance to showcase all our programs and services to the community.



Our Foundation and Auxiliary were also at the Seniors Active Living Fair. Pictured here is Lynne Kelly, Lise Hunter, and James Thompson selling Deep5050 lottery tickets, as well as raffle tickets for a beautiful handmade quilt valued at \$1,500. Visit deep5050.ca to get your lottery tickets today, or visit Digital Copy Xpress to get your hands on raffle tickets for the quilt. Only 500 raffle tickets will be sold, and the draw will be on December 3.



Janna Hotson, DRDH President & CEO, spent some time on September 23 decorating Smile Cookies at Tim Horton's with some help from her daughter.

This year, \$1 from every smile cookie is being donated to the North Renfrew Family Services!



NATIONAL DAY OF MOURNING FOR HER MAJESTY QUEEN ELIZABETH



The Deep River and District Hospital observed a moment of silence on September 19, the National Day of Mourning for Her Majesty Queen Elizabeth, in order to pay our respects and reflect upon the life of our Head of State and Sovereign for more than 70 years.

The moment of silence was observed for 96 seconds to mark Her Majesty's 96 years of age.

SAFETY NOTICE

Work is being done on a new water drainage system and parking grading / resurfacing to prevent the pooling of water that occurs in front of our loading dock currently. Everyone is asked to please avoid the back of the east side of the building where possible (behind the loading dock and garage) during this time as an excavation pond is being dug out which poses a safety risk.



Is there something you would like to see appear in the next issue of the Zinger? Please submit photos and information to amy.joyce@drdh.org.

The Deep River and District Hospital receives funding from Ontario Health. The opinions expressed in this publication do not necessarily represent the views of Ontario Health.