

North Renfrew
Family Health Team

THE ZINGER

Newsletter for the Deep River & District Hospital
Four Seasons Lodge Long-Term Care Home and North Renfrew Family Health Team

May 2023



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MANDATORY EDUCATION—June 2023

Please see the assigned education for the month of June. **This is due to be completed by June 28, 2023.** Please contact Mary Goodchild if you are having any issues accessing the education.

MANDATORY EDUCATION

All Staff

- Resident Bill of Rights
- Complaints, Concerns and Compliments (Policy Review and Surge Module)
- Patient Identification
- Disconnecting from Work

RN/RPN/PSW/Dietitian/Dietary

- Safe Eating and Hydration

Family Health Team

- Test Result Management

RN/RPN

- A+ IV Pump
- Hospira 360 IV Pump
- Legacy CADD Education
- 3M Ranger Blood/Fluid Warming Unit

Housekeeping

- RICN Environmental Cleaning Best Practice – General Cleaning (4c)

Maintenance & IT

- Knife Safety Tips

Maintenance

- Machine Hazards

Fundamental Principle and Residents' Bill of Rights

Fundamental Principle
 Filing Long Term Care Act, 2021 Home: the fundamental principle

1. The fundamental principle to be applied in the interpretation of the Act and in the practice of policies under the Act is that a long-term care home is a place where there may be with dignity and in security, health and comfort and have their physical, psychological, social, spiritual and cultural needs adequately met.

2. Every resident has the right to be treated with respect.

3. Every resident has the right to be treated with dignity and respect when a staff member provides the resident a resident rights, and when individually, regardless of their race, ethnicity, place of origin, sexual orientation, gender identity, gender expression, gender identity, gender expression, age, mental status, family status or disability.

4. Every resident has the right to be treated with dignity and respect.

5. Every resident has the right to be treated with dignity and respect.

Residents' Bill of Rights
 1. Every resident has the right to be treated with dignity and respect when a staff member provides the resident a resident rights, and when individually, regardless of their race, ethnicity, place of origin, sexual orientation, gender identity, gender expression, gender identity, gender expression, age, mental status, family status or disability.

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100. Every resident has the right to be treated with dignity and respect.



CONCERNS, COMPLAINTS AND COMPLIMENTS

A module for all staff

Learning Quality Policy

Navigation buttons: PREV, NEXT

STRATEGIC PLANNING IN FULL SWING



Planning for the future of care at DRDH was in full swing during the month of May.

Throughout the month, DRDH was busy gathering input and ideas to help inform the development of a new strategic plan for 2023-2027 through focus groups and online surveys. Thank you to everyone who took the time to provide their valuable insight throughout the engagement process. The DRDH Board is now taking what was learned from our stakeholders and is embarking on laying the roadmap for the organization over the next five years. The Board of Directors look forward to sharing the 2023-2027 Strategic Plan this fall.

Stay tuned for more information in the next edition of the Zinger!

ACCREDITATION NEWS



**ACCREDITATION
CANADA**

Thank you to everyone who took the time to complete the **Worklife Pulse Survey**—your time and effort is greatly appreciated.

The Worklife Pulse Survey has been developed by Accreditation Canada to collect feedback from employees of the organization on

your opinions on different aspects of your work environment. The results help us identify areas that may need to be improved.

Together, we achieved the goal of 80 responses, and the winner of the random draw from all staff was Julie Adams. Congratulations Julie!

NOW OPEN—Patient Safety Culture Survey

The second opportunity to provide feedback as part of our Accreditation process is the **Patient Safety Culture Survey**, which is available until **June 30, 2023!** The Patient Safety Culture Survey has been developed by Accreditation Canada to collect feedback from employees of the organization on your opinions on the presence and degree of patient and resident safety throughout the organization. The results help us identify areas that may need to be improved.

Responses are completely anonymous. They are sent directly to Accreditation Canada and we receive a summary, not individual results.

Please see Tabitha Kearney's June 1 email for the specific login information for our organization.



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NEW HIRES



Mehma Chuhan



Taylor Deault



Erica Sennett-Wall

This month we are pleased to welcome three new members to our team. **Mehma** is an Accounts Payable Clerk in our Finance Team, **Taylor** is a Registered Practical Nurse, and **Erica** is a Personal Support Worker . Please join us in extending a warm welcome to Mehma, Taylor, and Erica!

welcome

HAPPY PHYSIOTHERAPY MONTH

May is National Physiotherapy Month, which highlights the physiotherapy profession and the many benefits of physiotherapy services, including increased mobility, endurance, confidence, and independence.

Members of our Physiotherapy Team play a vital role as part of a multi-disciplinary care

team supporting the health and well-being of our patients and residents.

Please join us in saying thank you to our amazing Physiotherapy Team here at DRDH, including Torri Luchyshyn - Physiotherapist, Lynne Wills - Physiotherapy Assistant, and coop students Edie and Diana, for everything that they do to care for our hospital inpatients and Four Seasons Lodge residents.



HAPPY PHYSIOTHERAPY MONTH!

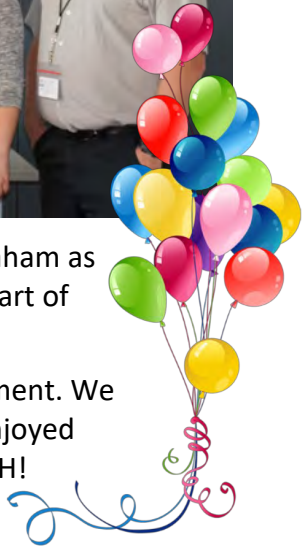


HAPPY RETIREMENT MORRIS!



On May 31, we sent our well wishes to Morris Graham as he began his retirement after nearly 14 years as part of the DRDH Finance Team!

Congratulations Morris on a well-deserved retirement. We hope you enjoy retired life as much as we have enjoyed working with you. You will truly be missed at DRDH!



CONGRATULATIONS MIKE!

Congratulations to Mike Wilson, Charge Technologist, for being honoured as the recipient of the 2022 EORLA Service Excellence Award.

Mike was nominated and recognized for his dedication to patient care and many achievements including Epic launch in the laboratory, successful accreditation, managing staffing shortages and the many innovative ways he has navigated keeping DRDH's lab operational and continuing to provide excellent care.



HAPPY PHYSICIANS' DAY



May 1 was National Physicians' Day.

We thank our amazing physicians at DRDH for their remarkable dedication, and for going above and beyond to provide our patients and residents with excellent, compassionate health care.

Pictured here are Dr. Kipp, Dr. Ben Amor, and Dr. Sage, representing our group of outstanding local physicians.

**HAPPY NATIONAL
PHYSICIANS' DAY**

A BUSY DAY IN MAY



Captured here was a busy day in the Emergency Department this month where DRDH was a hive of activity with patients being transferred using both ambulance and air ambulance at the same time.

Your Brain Wants You To Move! The Mental Health Benefits of Exercise



When we think of exercise, we tend to think of the physical benefits because that's where we see the changes: a smaller waist, bigger muscles, and better flexibility. Yet most people who stick with exercise long term do it because of how it makes them feel. If you work out regularly, you will have more energy, sleep better, be more productive at your job, and even think more clearly. The mental health benefits of exercise are just as important as the physical benefits.

Moderate levels of exercise, around 45 minutes 3 times a week will have a massive impact on your mental well-being. Exercise increases the level of certain chemicals in your brain that improve mood. It's nature's way of rewarding you for taking care of yourself!

Exercise Improves Sleep, a Major Factor in Mental Health

A major benefit of exercising regularly is that you get an improvement in sleep. When you sleep better, you enter a positive feedback loop. Good sleep not only improves your mindset directly, but it makes it easier to eat better, focus more and be present for your work and family. These positive changes then make it easier to exercise which results in better sleep!

Exercise Improves Energy

With some mental health issues such as depression, the biggest challenge is finding enough energy and motivation to start. The prospect of exercising for the recommended 150 minutes a week may be daunting, but the key is to start easy and build on small victories. If you have been inactive for a while, even a 10-minute walk will be enough to make a noticeable difference to your mood and well-being.

Track Your Exercise For Motivation

Tracking your exercise helps with motivation immensely, because you quickly start to see how you're improving. Whether you track or not, you don't need to set a goal of 10,000 steps. If you currently average 3000, try to bump it up to 4000 and see if you can hit that goal consistently. Try taking an extra flight of stairs, parking in the far corner of the lot, or going for walks during your lunch break.

Do Stuff You Like

So how do you make sure exercise is a positive experience? You focus on doing what you enjoy! People often get caught up in the fact that there are dozens of different modalities out there. If you remember enjoying some yoga classes you did a while ago, start there.

Your Brain Works Better If You're Active

There's no doubt everything about your brain works better if you move. Whether it is the positive effects of "feel-good" hormones, the sense of accomplishment and progress, seeing changes in your body, or getting better sleep, exercise is a key component to your mental well-being. Research shows it improves symptoms of depression, anxiety, insomnia, PTSD, schizophrenia, panic attacks, and more.

Click here to read the full article on LifeSpeak:

<https://wellness.lifespeak.com/expertblog/your-brain-wants-you-to-move--the-mental-health-benefits-of-exercise--5821>

MONDAY: You're the Sweetest

During Nursing Week, from May 7-13, 2023, we celebrated the amazing work of our nursing colleagues, Registered Practical Nurses, Personal Support Workers, Registered Nurses and Nurse Practitioners.

We are beyond grateful for the more than 80 highly dedicated, compassionate, and knowledgeable Nursing Team Members at DRDH for their incredible contributions and commitment to providing an excellent health care experience, every time.

We started off the week by saying 'you're the sweetest' with a roaming candy cart!

Thank you to all our Nursing Team Members for your dedication and commitment to our patients, our residents, our organization, and our community. Your hard work and sacrifice do not go unnoticed, and we are grateful for everything that you do.

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TUESDAY: Nacho Average Nurse

'Taco' bout a great Tuesday! We had a taco bar for our team, who are 'nacho' average Nurses.



WEDNESDAY: You're the Coolest

On Wednesday, a mobile sundae bar helped us say "you're the coolest" to all our Nursing Team Members.



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THURSDAY: You're Un-Grill-ievable

We wanted to express how "un-grill-ievable" each of our Nursing Team members are with a BBQ on Thursday.



FRIDAY: Thanks a Hole Bunch

To finish off our Nursing Week celebrations, we wanted to say thanks a 'hole bunch' with donuts on Friday.



THANK YOU CAHOON'S



Thank you to Cahoon's Pharmasave who provided a very generous donation of self-care gifts yet again this year for our team to enjoy as we wrapped up celebrating Nursing Week!

LONG-TERM CARE DEVELOPMENT PROJECT NEWS

DEEP RIVER & DISTRICT HOSPITAL
LONG-TERM CARE DEVELOPMENT PROJECT
LANDSCAPING OPEN HOUSE



On May 10, DRDH hosted a Landscaping Open House in partnership with the Deep River and Area Horticultural Society to gather ideas for our future 96-bed Long-Term Care Home from any interested members of our community.

MAY 10, 2023 / DEEP RIVER LIBRARY / 6:00 - 8:00 PM

We are so fortunate to be able to benefit from the incredible local knowledge in our community – thank you to the Deep River and Area Horticultural Society and everyone who attended the Landscaping Open House and shared ideas!

With the fantastic feedback we received from our community, the gardens are sure to be spaces that residents and families will enjoy for many years to come.



May 7–13, 2023

Emergency Preparedness Week

During Emergency Preparedness Week this year, DRDH partnered with the Town of Deep River to offer a chance for our community to win one of two 72-hour emergency kits.

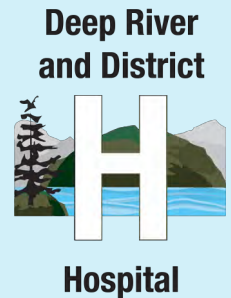
DRDH also offered another chance to win a 72-hour kit that was exclusive to DRDH Team Members!

Thank you to everyone who completed the Emergency Preparedness Quiz for testing their knowledge and entering into the draw.

CONGRATULATIONS TO DRDH WINNER—COURTNEY DENNIE!



CONGRATULATIONS TO THE COMMUNITY MEMBER WINNERS—KIMBERLY MAIN AND MELANIE WEBDALE!



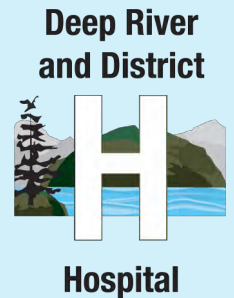
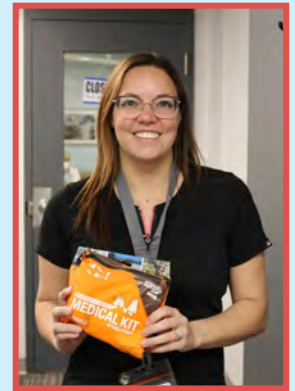
**Be Prepared.
Know Your Risks.**

May 7–13, 2023

Emergency Preparedness Week



Thanks to everyone who participated in the “Can You Build A Kit?” game and entered into the draw to win some great emergency supplies. Congratulations to winners Heidi-Lynn McFarling, Jenny Hickson, Abbie Verch, and Renée Bedard!



**Be Prepared.
Know Your Risks.**

May 7—13, 2023

Emergency Preparedness Week

We hope that Emergency Preparedness Week inspired you to take concrete actions to be better prepared to protect ourselves and our loved ones during emergencies. By taking a few simple steps, you can become better prepared to face a range of emergencies – anytime, anywhere. It is important to:

- **Know the risks** – Although the consequences of disasters can be similar, knowing the risks specific to our community and our region can help you better prepare.
- **Make a plan** – It will help you and your family know what to do.
- **Get an emergency kit** – During an emergency, we will all need some basic supplies. We may need to get by without power or tap water. Be prepared to be self-sufficient for at least 72 hours in an emergency.

Check out some additional helpful tips below:

Emergency Preparedness Tip #1

MAKE A MEDICATION LIST:

Keep an updated list of all medications, dosages and phone numbers for your doctors and pharmacies. Keep a copy on you and in a waterproof bag or container

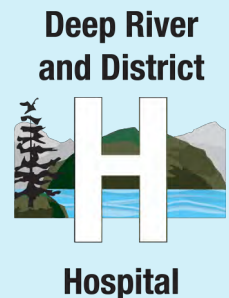
Emergency Preparedness Tip #2

ORDER EARLY:

Reorder prescriptions as soon as you are able to ensure you have them available during an emergency



*deep
river*



**Be Prepared.
Know Your Risks.**

May 7—13, 2023

Emergency Preparedness Week

Emergency Preparedness Tip #3

KEEP YOUR ORIGINAL LABELS:

If you use pill organizers, make sure to keep the original labels for your medications together in a waterproof bag or container

Emergency Preparedness Tip #4

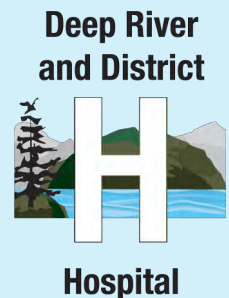
PREPARE FOR SPECIAL NEEDS:

If you have medical conditions that require equipment, such as an oxygen condenser, or medications that require refrigeration, have a temporary back-up plan in place

Emergency Preparedness Tip #5

MAINTAIN AN EMERGENCY HEALTHCARE KIT:

Stock a supply kit with any non-prescription medications you may need such as pain relievers, cold medications, and antacids



**Be Prepared.
Know Your Risks.**

FOUR SEASONS LODGE NEWS

In early May, a small group of residents spent part of their morning venturing along the Deep River waterfront enjoying the spring air and taking in some of the scenery. A big thank you to our team members Abbie and Ann as well as volunteer Cindy, for helping to make this outing possible for our residents and to Carefor for providing transportation services.



RESIDENTS' COUNCIL CORNER

The Four Seasons Lodge's Residents' and Family Council continues to meet on the third Thursday of each month. In May, the Council participated in a focus group session to provide insight and feedback into the organization's 2023-2027 Strategic Plan. The Council also finalized plans for a Father's Day BBQ which will be held on June 16, as well as plans to cheer on the runners at the Run for Home event on June 24, 2023.



FOUR SEASONS LODGE NEWS



In honour of Mother's Day, the Four Seasons Lodge hosted a high tea lunch on the patio on May 14.

Thank you to our talented Dietary Team for all your efforts in pulling off the perfect high tea menu for residents and their families.





HALT THE SALT!

Join Rebecca Poirier, Registered Dietitian, and Heather Perry, Registered Practical Nurse, and learn how to lower your blood pressure and reduce your risk of heart attack and stroke.

June 26, 2023 | 10:00-11:30 AM

Deep River & District Hospital

This group education session will cover topics including:

- What is hypertension?
- How to check your own blood pressure
- What your numbers mean and what your target is
- Medications
- The DASH Diet
- How to lower your salt intake
- The impact lifestyle change can have on your blood pressure

Between 9:30-10:00 AM, Heather will be available to check your blood pressure. This is optional for participants.

Adults with hypertension and/or those who are interested in lowering their blood pressure should attend.

**Open to the
Community!**

Masks Mandatory

**To Register Call:
613-584-1037**



North Renfrew
Family Health Team

Now anyone in the Ottawa Valley who needs a **Pap test** can get one.



Ottawa Valley
ONTARIO HEALTH TEAM

Eligibility checklist:

- ✓ You have a uterus
- ✓ You're aged 25 to 69
- ✓ 3 years or longer since your last Pap test
- ✓ No family doctor or nurse practitioner

SCREENING MATTERS.

The Pap test is the best way to detect and treat cervical cancer EARLIER for better outcomes.



Clinic locations:

- Arnprior
- Bonnechere Valley
- Pembroke
- Barry's Bay
- Deep River
- Petawawa

Book now:

Book at www.rcvtac.ca/paptest

Call VTAC at 1-844-727-6404



OUR PARTNERS



Arnprior & District
Family Health Team



MADAWASKA VALLEY
Family Health Team



North Renfrew
Family Health Team



WEST CHAMPLAIN
FAMILY HEALTH TEAM



***If you have a family doctor or nurse practitioner, please contact them to book your next Pap test.**

AUXILIARY NEWS

We were delighted to be welcomed back again this year to participate in the DRDH Auxiliary's Annual Meeting on May 11. Thank you to the Auxiliary for the opportunity to get together and spend time with the amazing volunteers who provide our organization with such tremendous support!

At the meeting, a presentation was delivered by Janna Hotson, William Willard, and James Thompson. The presentation included updates for the health campus, Emergency Department renovation plans, the Long-Term Care Development Project, Closer to Home campaign, and strategic planning.

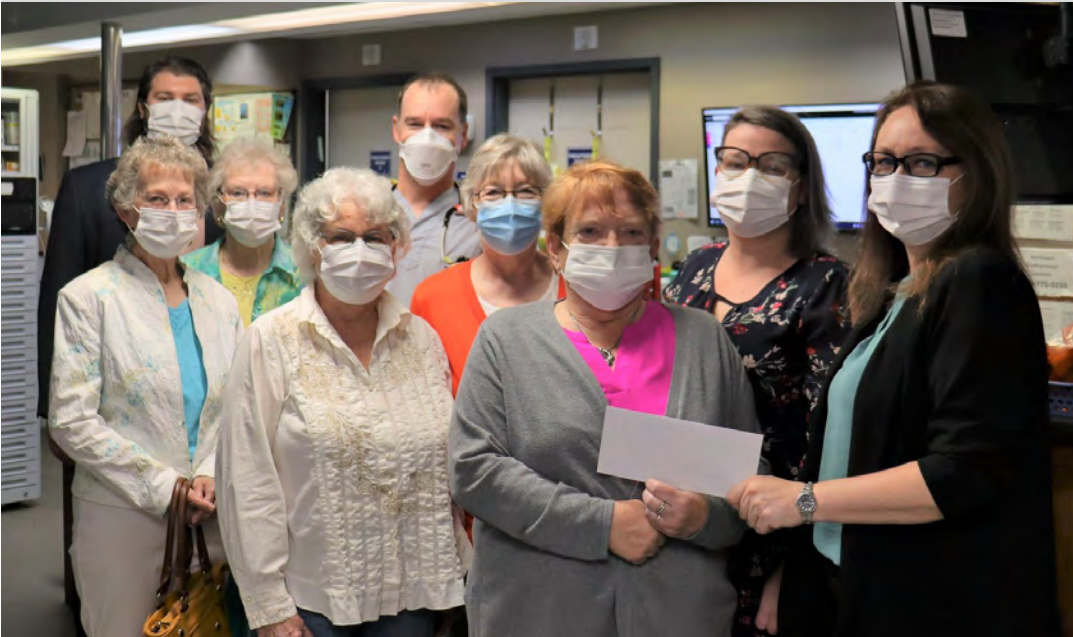
In addition, the Auxiliary shared that they would be making three donations to DRDH including an \$80,000 contribution towards Emergency Department upgrades, \$14,000 to support the Pre-School Speech Language Therapy Program, and \$925 to the Four Seasons Lodge for recreation! *(see next page for more)*



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AUXILIARY NEWS



On May 23, members of the DRDH Auxiliary provided an extremely generous donation of **\$80,000**.

The funds from this donation will be used to update the Hospital's Emergency Department registration area and workstations in order to improve accessibility, patient privacy, and electronic work spaces throughout the department.

With the implementation of Epic in late 2022 and the move to a paperless system, these funds will enhance modernized, electronic care in the Emergency Department. DRDH is immensely appreciative of the efforts of our tremendous Auxiliary volunteers and all the work they do in support of our organization!

Pictured above, from left to right, is William Willard – DRDH Executive Vice President and Chief Financial Officer, Carol-Ann O'Brien, Jacquelyn Slater, Judith Cloutier, Dr. Sage – DRDH Chief of Staff, Maureen Bakewell, Eileen Burke, Tabitha Kearney – DRDH Vice President of Clinical Services and Chief Nursing Executive, and Janna Hotson – DRDH President and CEO.

On May 23, the DRDH Auxiliary also presented a **\$925** donation to residents of the Four Seasons Lodge Long-Term Care Home for recreation.

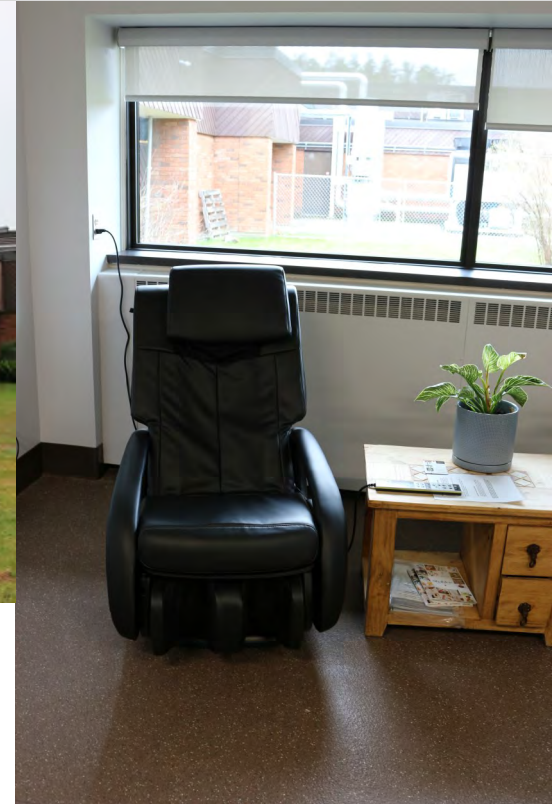
Presenting the donation is Carol-Ann O'Brien (left) and Jacquelyn Slater (right) who are currently the Auxiliary's longest serving volunteers, having joined in 1971 and 1974, respectively.

Receiving the donation on behalf of the Home is resident Bev, Jenny Hickson – Director of Care, and Tabitha Kearney – Vice President of Clinical Services and Chief Nursing Executive.



The funds for the donation were raised through a silent auction at the Auxiliary's Annual meeting. The Four Seasons Lodge would like to extend a sincere thanks to the Auxiliary for this donation – we are truly amazed by the dedication of our Auxiliary members and the remarkable support they provide!

STAFF LOUNGE ADDITIONS

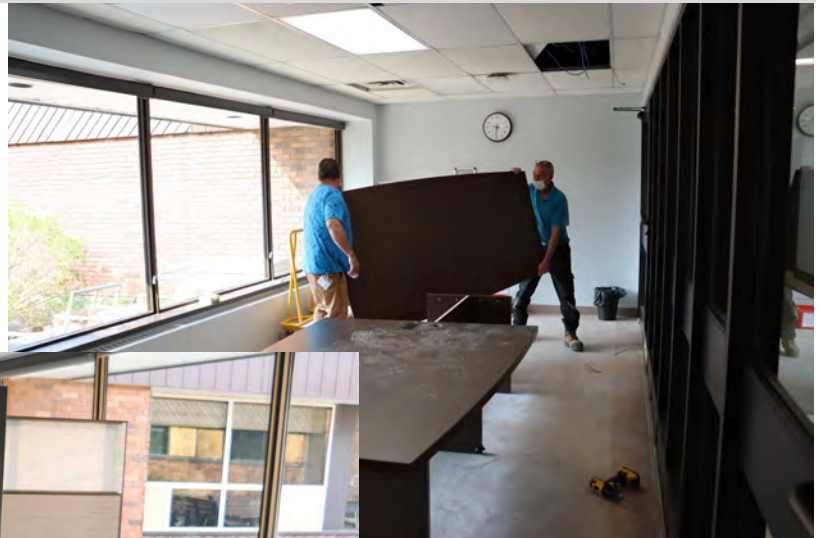


The new and extended deck off of the staff lounge and medical floor is now complete and ready to be enjoyed! Additional furniture will be added soon. Also, the staff lounge is now home to not one, but TWO massage chairs. Be sure to take some time to relax and test them out if you haven't already.

SUNROOM TRANSITION

The Sunroom has been transitioned into a shared office space to accommodate our growing team.

BEFORE →



Thank you to Maintenance as well as IT for all your work in making this space functional!

← AFTER

VIRTUAL CRITICAL CARE LAUNCH

Last month, our Emergency Department Team successfully launched the Virtual Critical Care Program through The Ottawa Hospital. The program will provide expertise in managing critical cases in our Emergency Department or on the Medical Floor with video consult through Epic to an ICU physician and ICU nurse. The program is currently available during the day, with an anticipated launch of 24 availability coming in the fall. Congratulations to our ED Team on this great program launch!

Are you worried about your patient?

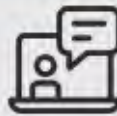
Virtual Critical Care (VCC) can help!



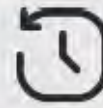
VCC allows physicians and nurses at your center to get advice from ICU physicians, nurses, and RTs in Ottawa



Easy access to helpful colleagues



Video or telephone consultation



24/7 availability

Reasons to consider calling:

Physicians

- New arrivals in shock / unstable / abnormal vitals
- Admitted patient worsening despite medical management
- Desire for a second opinion on an unwell patient
- Stabilization for transfer
- Help with goals of care
- Help with BiPAP / ventilator

Note:
No change to existing Critical workflow for life-or-limb cases (call 1-800-668-HELP)

Nurses

- Worried about an unstable patient
- Need help with guidance and coaching on basic and advanced nursing assessments
- Need support during a critical situation

Note:
Please notify most responsible physician prior to calling VCC

Respiratory Therapists (RT)

- Available RTs and other health professionals to offer advice

06.24.2023

RUN FOR HOME

2KM.5KM.10KM.HALF

**DEEP RIVER AND
DISTRICT HOSPITAL**
117 BANTING DRIVE



**START AT
8AM**

**LIVE MUSIC
GAMES
DOORPRIZES
WALKABLE
NATURE TRAILS**

REGISTER ONLINE AT DRDHFOUNDATION.COM/EVENTS

Run For Home 2023 is coming to Deep River & District Hospital on **Saturday, June 24th** next to the future site of the new Four Seasons Lodge. You are invited!

Come run, walk, or move 2K, 5K, 10K, or a half-marathon, or simply stop by and enjoy the festive atmosphere. We already have over 180 registrants.

Register online HERE, the entry fee is by donation. Schedules and routes are available through that link.

Highlights:

- Free BBQ (sponsored by Canadian Tire)
- Alcoholic beverages for sale (hosted and provided by Bistro 86)
- Live music (provided by Common Ground & Friends)
- Deep River Fire Department demonstrations and fire truck tours
- Bouncy castle
- Face painting
- Prizes
- Trails through the beautiful Four Seasons Conservancy



All proceeds from this event will go towards the Closer To Home campaign.

FOUNDATION NEWS—CLOSER TO HOME SONG RELEASED!

Click on the image below to check out the NEW music video for the Closer To Home campaign!

Marc Audet released his new song "Close To Home" this month to raise awareness and support for DRDH's ongoing fundraising campaign to build a 96-bed Long-Term Care Home in Deep River. Thanks to Marc and his team for the wonderful song and video!

If you'd like to learn more about Closer To Home and the 96-bed Long-Term Care Home project, or if you'd like to donate in support of Marc Audet's efforts, please visit drdhfoundation.com or drdh.org/CloserToHomeCampaign. We need help from the community and we appreciate every bit of support.

Musicians Alastair MacDonald (piano), Karen Steven (fiddle), Chelsea Cheng (cello), and Anne Audet (harmony vocals) collaborated with Marc to develop song arrangements. Sound designer John MacLean then turned the recorded parts into a beautiful song. Local photographers Bob McElroy, Larrie Thomson, Dave Cox, and Ian MacCready volunteered to provide photographs of iconic scenes of Deep River, supplemented with a few of Marc's own photographs. Video segments of the music group performing the song were recorded by Anne Audet.

If you'd like to learn more about Marc Audet's music, head to marcaudetmusic.com.



Click here to watch the music video!

FOUNDATION NEWS—OPG Supports Closer to Home Campaign with \$10,000 Donation

The Deep River & District Hospital Foundation has received a generous donation of **\$10,000** from Ontario Power Generation (OPG) to support the Closer To Home Campaign, which aims to support the construction of a 96-bed Long-Term Care Home in Deep River. OPG has been a strong supporter of DRDH for over a decade, having donated a total of \$46,000 in the past 12 years.

William Willard, Executive Vice-President & Chief Financial Officer (DRDH), Emily Salvalaggio, Senior Manager of Des Joachims and Otto Holden Generating Stations (OPG), and James Thompson, Community Engagement & Fundraising Coordinator (DRDH), are pictured here. The Deep River & District Hospital will recognize OPG's support of the campaign by engraving their name on the permanent donor plaque at the Bronze level and dedicating a bench in their honor when the Long-Term Care Home opens.



The Deep River and District Hospital Foundation extends its sincere thanks to Ontario Power Generation for its continued support in fulfilling its mission of helping DRDH to provide exceptional care to the community.

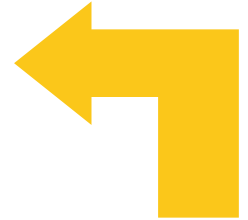
MAY EARLY BIRD PRIZE



\$1,000.00

#99006808061

Ligita Gulens



Congratulations to **Ligita Gulens** for the May Deep 50/50 Early Bird Prize win! Ligita said that "*she never wins anything*" so we are so glad to break that trend, as the Gulens have been strong supporters of the Foundation for over 12 years.

Also, a huge congratulations to **Ann Unrau** for winning the Deep 50/50 May Grand Prize of **\$4,505!** Her ticket #640605062 was purchased in Jan's Valu-Mart.

Thanks to Ligita, Ann, and everyone else who bought a May ticket. The Deep 50/50 is one of the many fundraisers we run to help raise money for the 96-bed Long-Term Care Home project at the Deep River & District Hospital.

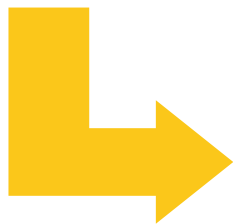
MAY GRAND PRIZE



\$4,505.00

#640605062

Ann Unrau



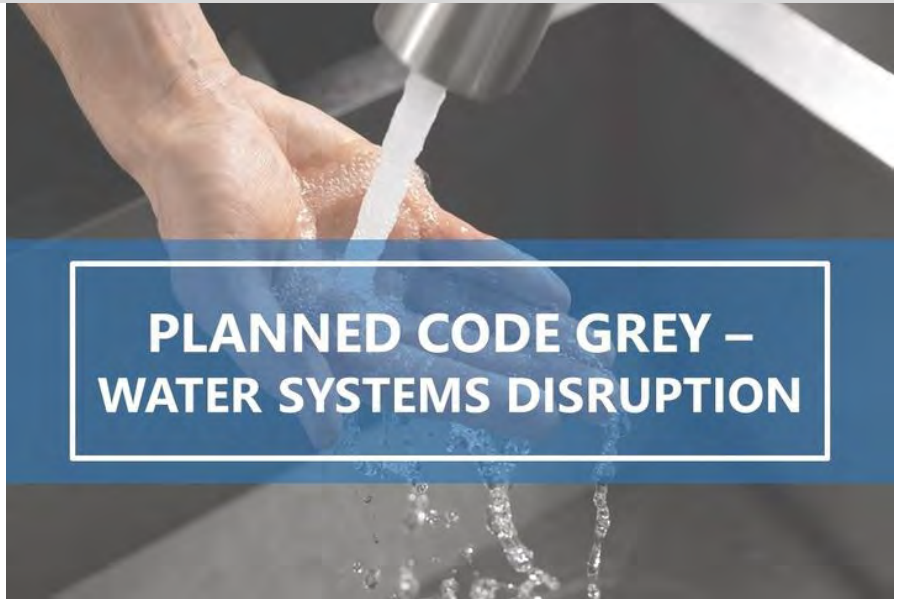
Head to deep5050.ca for your chance to be one of the lucky winners next month!

PLANNED CODE GREY

On Wednesday, May 31, 2023, the organization declared a Code Grey in relation to a planned disruption in our water systems.

During outage, there was no running water available in the building, and temporary facilities were in place including portable toilets and handwashing stations.

The planned outage allowed for the replacement of vital components of the system that bring water into of our facility from the Town of Deep River water systems.



Thank you to everyone for your patience and flexibility in adapting to the water system disruptions and ensuring that our patients and residents were well cared for during the down time.

A special thank you to Martin Harris, Keith Benson, Rick Lynch and Scott Goodchild for all your hard work during, and leading up to, the downtime in order to make sure it went as smoothly and quickly as possible.

BE BEAR AWARE



With the spring season upon us, please remember to be bear aware.

Bears are smart, curious, powerful and potentially dangerous. Exercise extra caution and be alert at this time of year while you are in the parking lot or when you are out on a walk. Bears do not like surprises, so alert them to your presence so they can avoid you.

BEAR FACT:

Cubs typically stay with their mother bear for 1.5 years. If you see a cub or small bear, there is a good chance that the mother is nearby. Take caution.

{ *Is there something you would like to see appear in the next issue of the Zinger? Please submit photos and information to amy.joyce@drdh.org.* }