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“CLOSER TO HOME” CAMPAIGN SURPASSES 50% MILESTONE

Deep River and District Health proudly announces that its "Closer To Home" campaign has exceeded the 50% milestone this week! *See pages 16—17 for more information.*



KICK-STARTING 2024

Deep River and District Health's Leadership Team kick-started 2024 with a Leadership Development Session and planning day. *See page 5 for more information.*

JANUARY 2024

+ CEO'S CORNER

CONNECTING WITH OUR DRDH TEAM AND COMMUNITY



A very happy 2024 to all of our team, patients, residents and community! This year promises to be a bright one for DRDH, with many exciting and momentous milestones in store for us. I am excitedly looking ahead to what we will achieve this year together.

January was a busy month in almost every area of the organization. Patient need for inpatient and emergency care has continued to remain higher than ever before. As we continue to respond to both the exceptional surge in patient needs as well as generally increased need from our community as a whole, we should acknowledge the impact this makes on our organization and all of us. Keeping up with the need has been an impressive undertaking for everyone across the organization, as this increased patient volume has taxed clinical and support departments alike. While the seasonal surge is anticipated to start to show a decline soon, this will take some time to let us slow down to catch our breath from the activity over the past few months. A very sincere thank you to everyone who continues to work to meet the need, and continues to make sure every person is cared for like a loved one.

In addition to keeping up with the very busy patient need, planning for the upcoming year was also in full swing this month with many of us looking ahead to 2024 and beyond to set our priorities and focus. A busy Leadership Development session was held this month where representatives from across the organization looked ahead to 2024. Team members shared ideas to prioritize our activities and to address needs for patients, residents, staff and departments. Together, many, many ideas across every area of the organization were shared. These ideas will be used to focus activities for the upcoming year, so we can make sure our efforts continue to meet what our patients, residents and community need from us, as well as to continue to drive our strategy ahead into the future.

On top of priority setting for 2024/25, our teams accomplished some amazing work to help set DRDH up for success as we grow over the next few years.

Thank you to all individuals that attended the workshop in January to help define our Employee Value Statement. This Employee Value Statement will be used to communicate to potential future employees and teams what the experience of working at DRDH is like. It was truly heart warming to reflect on what our teams shared in the feedback session, as it highlighted many of the things that makes DRDH such a special place to be a part of. Over the coming weeks, a focus will be to finalize this statement and look at how we use this to plan to both grow our team in the future, as well as continue to improve on the work experience of all of us today.

Another Happy New Year to all of our team, as well as thanks for the incredible work that continues everyday and is the core of all of the amazing things that happen at DRDH.

Warm regards,

Janna Hotson
President and Chief Executive Officer
Deep River and District Health



MANDATORY EDUCATION

FEBRUARY 2024

Please see the assigned education for the month of February. This is due to be completed by February 28th, 2024. Please contact Rebekah if you are having any issues accessing the education.

All Staff

- Mission Statement & Standards of Behaviour & Respectful Workplace Policy
- Abuse & Neglect –Zero Tolerance, Policy, Mandatory Reporting
- Whistleblower Protection
- Privacy and Confidentiality
- Confidentiality of Personal and Organization Information
- Dementia Care and Responsive Behaviours - A module for all Care Staff and Volunteers



RN/RPN/DI

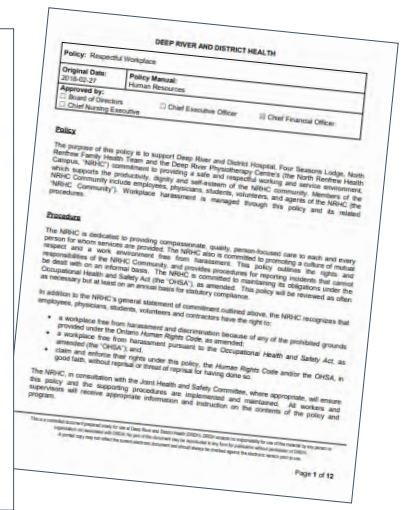
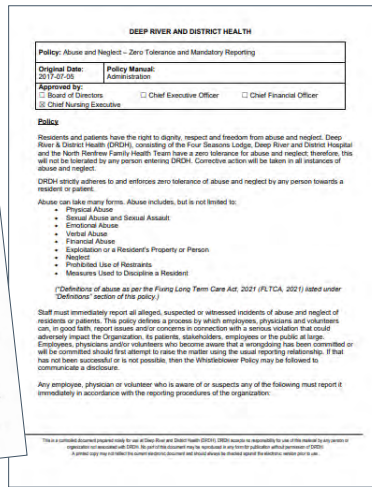
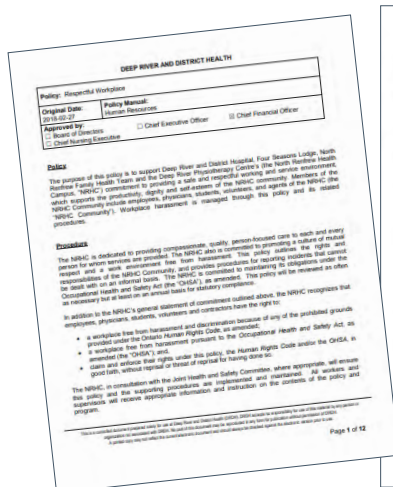
- EKG Like a Boss Part 3

Housekeeping

- RICN Environmental Cleaning Best Practice – Module 2

PSW/RN/RPN/Dietary/Housekeeping/Rec Therapy

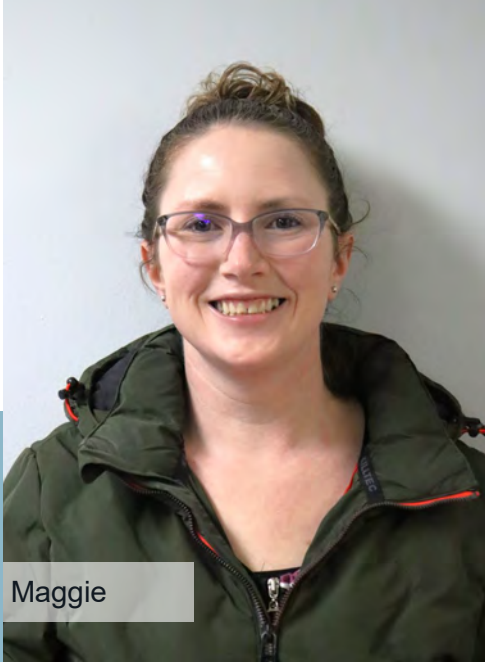
- LifeVac Training Video



Please contact Rebekah (rebekah.thompson@drdh.org) if you are having any issues accessing the education.

+ STAFF HAPPENINGS

NEW HIRES



Maggie



Megan



Beverly

- WELCOME -

This month we were pleased to welcome three new members to our team. **Maggie** is a Registered Nurse, **Megan** is a Registered Practical Nurse, and **Beverly** is a Community Mental Health Worker and Counsellor who has joined the North Renfrew Family Health Team. Please join us in extending a warm DRDH welcome to all our new team members.



SPECIAL VISITOR

We had a very special visitor help deliver chocolates across the organization on Friday, January 5, 2024....Tabitha!

Tabitha is our former Vice President of Clinical Services and Chief Nursing Executive who moved out west this summer as part of her military family journey. While Tabitha was home visiting family in the area over the holidays, she made sure to add in a stop at DRDH.

Thank you for fitting us in for a visit Tabitha, we have missed you and were eager to hear about all your adventures out west!

KICK-STARTING 2024 WITH LEADERSHIP DEVELOPMENT



On January 9, 2024, leaders from across our organization got together for a Leadership Development Institute at the Chalk River Lion's Hall.

The theme of the day was “*New Year, New Us, Kick-Starting 2024*”. Sessions throughout the day included reflecting on our successes over the last year, reviewing our Accreditation results, forward planning for the coming year, and having a bit of fun with a riveting game of DRDH jeopardy and team building activities!



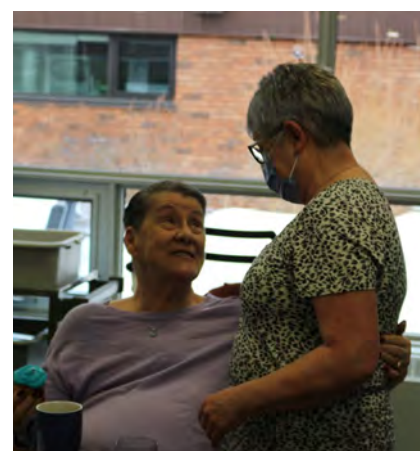
HAPPY RETIREMENT MARIAN



On Wednesday, January 31, our team gathered to share well-wishes with Marian, as she is entering into retirement after over 15 years and 6 months of dedicated service to DRDH's laundry and dietary departments.

As we bid an emotional 'farewell for now' to Marian, we are confident that the marks she has made on DRDH will undoubtedly endure in the delicious recipes, warm memories, and strong bonds she has forged within our team.

We wish you the very best in this next chapter Marian —you will be greatly missed by our patients, residents, families and all of us at DRDH.



EMERGENCY RESPONSE IMS 200 TRAINING

On January 30 and 31, team members from across DRDH participated in Basic Incident Management System training (IMS 200) through Emergency Management Ontario along with partners from the Town of Deep River, the Renfrew County and District Health Unit, and a neighbouring Fire Department.



In this provincial certification course, participants learned more about the Incident Management System (IMS) that provides standardized organizational structures, functions, processes, and terminology for use in emergency response across Ontario. Concepts and knowledge were able to be applied to collaborative simulations throughout the course.

Thank you to all those who participated to help improve DRDH's response to any future emergency situations in conjunction with our community partners.

A special thanks to the Town of Deep River for coordinating with us to provide this valuable training for our team, and we look forward to continued opportunities to partner and improve emergency response for our community.





DEEP RIVER &
DISTRICT HEALTH

GET
YOURS
TODAY



DRDH EStore

SHOP EXCLUSIVE DRDH
BRANDED:

TSHIRTS | TOQUES | SWEATERS |
DRINKWARE | FLEECE JACKETS

www.drdhstore.org



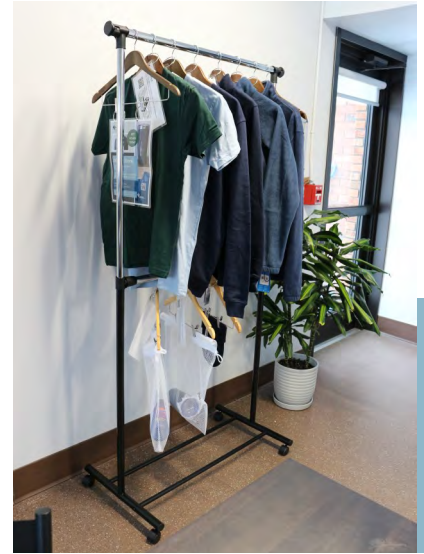
Buy directly from the online store, or by payroll deduction!
A portion of each purchase goes to the DRDH Foundation



DRDH EStore — TOQUE SALE!

With those cold temperatures setting in, it's the perfect time to keep warm with one of our DRDH branded Canadian made ribbed toques. Toques are now **15% off** – only \$18.28 + HST! You can check out a sample of the toque, as well as samples of the rest of our current gear, on a clothes rail in the lounge.

There's no special coupon code needed for this sale, the discount will be applied for those who order through our payroll deduction forms between now and February 12, 2024, and the discount is automatically applied for those who purchase directly from the EStore website.



DEEP RIVER &
DISTRICT HEALTH

DRDH EStore TOQUE SALE

SAVE 15% UNTIL FEBRUARY 12, 2024

NOW
\$18.28 +
HST



www.drdhstore.org



No coupon code needed for this sale — discount will be applied to payroll order forms and is already applied directly on the EStore website!



NEWS FROM THE IPC:

MONETARY PENALTIES UNDER THE *PERSONAL HEALTH INFORMATION PROTECTION ACT*

The Office of the Information and Privacy Commissioner of Ontario (IPC) is committed to protecting personal health information using a flexible and balanced approach that addresses privacy violations while encouraging accountability, learning, and continuous improvement.

As of **January 1, 2024**, the IPC has the discretion to issue administrative monetary penalties (AMPs) as part of its enforcement powers for violations of the [Personal Health Information Protection Act](#) (PHIPA).

Penalties are up to a maximum of \$50,000 for individuals and \$500,000 for organizations. AMPs may be issued for the purposes of encouraging compliance with PHIPA or preventing a person from deriving — directly or indirectly — any economic benefit from contravening the law.

AMPs are just one of the options in the IPC’s regulatory toolkit for ensuring compliance with PHIPA. Breaches of PHIPA can be addressed in proportion to their severity, enhancing public trust in the health care system.

A measured approach to enforcement

The IPC will not use AMPs as the default response to breaches. They will generally only be used as an enforcement option for more severe violations of PHIPA, not in cases involving unintentional errors or one-off mistakes.

Our office recognizes that the majority of Ontarians working in the health care system are deeply committed to the protection of personal health information. When mistakes occur, there is almost always a genuine willingness to take responsibility and remedy errors.

The IPC will take a measured approach in response to PHIPA violations, providing education, guidance, informal resolution, and recommendations when less severe violations occur.

Guidance on criteria for AMPs

In cases where AMPs are determined to be an appropriate measure, the IPC will use the criteria set out in regulation under PHIPA to determine the amount.

Learn more about the criteria for AMPs and how the IPC will determine penalty amounts in our [guidance](#).

If you have additional questions about AMPs, email us at info@ipc.on.ca.

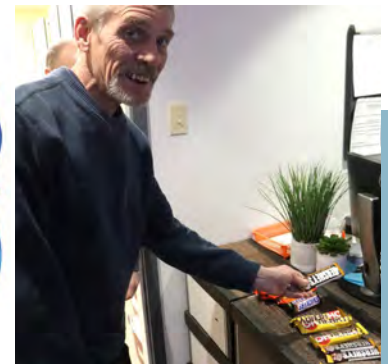
This year, Data Privacy Week took place from January 22—26, 2024. The theme of the week was “Take control of your data”.

Data Privacy Week highlights the impact technology is having on our privacy rights and underlines the importance of valuing and protecting personal information.

Our team tested their knowledge with a privacy themed quiz and had important conversations about data privacy over a pizza lunch.

Congratulations to the lucky winners of the Privacy Quiz draw: **Martin, Keith, Mary, Nancy, and Bianca!**

For additional information on Data Privacy week, please visit <https://www.priv.gc.ca/en/>.





Is Snooping on patients worth it?

Snooping on patients could cost you:

- Your reputation
- Your career
- College disciplinary action
- \$50,000 in individual fines
- A civil lawsuit
- Up to a year in prison

RESPECT PATIENT PRIVACY

www.ipc.on.ca

DND PARTNERSHIP



DRDH welcomed a contingent from CFB Petawawa Clinical Services, including 2 Field Ambulance and 1 Canadian Field Hospital, on-site on January 11, 2024.

The teams reviewed services offered at DRDH, opportunities for future integration, and clinical services planning.

SHAPING THE FUTURE OF DRDH



On January 22, 2024 team members from across the organization, representing different departments, participated in an Employee Value Statement workshop at the Deep River Legion.

Thank you to everyone who shared their thoughts on being a team member at DRDH and provided input from their personal experience to help shape the future of our organization. We look forward to using the insight received in a variety of ways as we look to support and grow our DRDH team and services.

ORGANIZATIONAL DUCT CLEANING ONGOING

Following the roof fire in November, part of our restoration work includes ensuring clean air supply coming from our heating and ventilation (HVAC) system. The purpose of this is to remove any sediment leftover from the fire, and clean the system completely.

Ductwork cleaning will be continuing throughout the organization over the coming weeks. Communication with teams in areas to be cleaned will be shared before work starts in each area, with schedules being adjusted to ensure minimal impact on our patients, residents, and team.

During the cleaning process, please be diligent in monitoring the area for safety risks including cords, and large machines (*pictured below*). While cleaning is occurring, we may notice an antiseptic smell during and after the cleaning. This smell is to ensure our ducts are cleaned, and poses no risk.

If duct cleaning in any area poses a risk for patient or resident safety, please direct the HVAC team out of the area immediately.

Please don't hesitate to reach out to Allison Lepack or Scott Goodchild if you have any questions.



THE ESSENTIAL PIECES AWARD

CALL FOR NOMINATIONS



The Essential Pieces Award allows for peer recognition of an individual who performs outstanding, consistent actions that contribute to the overall exceptional experience for the patients, residents and/or visitors of our organization. Any member of our team across any department is eligible to be nominated for an Essential Pieces Award, including physicians, volunteers, or students.

The nomination form can be found on Policy Medical (*Organizational Resources* —> *Human Resources* —> *Essential Pieces Award*). The form includes a written piece that allows nominators an opportunity to describe how the individual they are nominating demonstrates outstanding, consistent actions that contribute to the exceptional care experience for all.

If you would like to nominate someone for an Essential Pieces Award who you feel should be recognized for their contributions, please don't hesitate to submit a nomination at any time throughout the year!

Completed forms can be submitted to Kelsea in which ever format works best for you—either by email (kmadore@drdh.org) or a paper copy enclosed in an envelope.

Caring

Excellence

Safety

Innovation

Partnering

Integrity

+ CREATING MEANINGFUL CHANGES INSTEAD OF RESOLUTIONS

AN ARTICLE BY LIFESPEAK

Here are some things you can do instead of creating New Year's resolutions, that will create meaningful changes in your new year:

LOOK INWARD – reflect on the year that's passed. Think about who you were, and what you loved about yourself, and what you did. Ask yourself some self-reflective questions like:

What was I most proud of?

What am I most grateful for?

What habits would I like to eliminate or build upon?

What are my values and strengths?

Who do I need to become to grow this year?

By examining where you are now, then you can start to focus on where you want to go.



CREATE A LIST OF GOALS – resolutions and goals are different. The former is a declaration, the latter is a plan. What are measurable, relatable, achievable goals that will make an impact in your life? Some things to ask yourself:

Are these goals I truly desire, or are they only to sound good to others?

Are you emotionally connected to and jazzed up for these goals?

What's the plan for each one? What are the actions and timelines needed to succeed?

What new habits do you need to create? Which ones do you need to let go of?

Who will you go to for help with these goals? What resources do you need to guide you along?

DECIDE YOUR OWN NEW YEAR – Babylonians began setting New Year's resolutions approximately 4000 years ago, but they celebrated "new year" mid-March when the crops were planted. So, in the same way, you can decide when you want to "plant" your goals. You don't have to do them on January 1st like everyone else. When you look at your list of goals, ask yourself:

Which ones make sense to start now? Which ones are better served to start later in the year?

What are the priorities of these goals?

How can you spread these goals out so that you're not expending your energy and resources too quickly?

How will you track your progress?

CELEBRATE ALL WINS – this gets lost in a lot of discussions around goal-setting! A small win is still a win. Create a habit of celebrating daily. At the end of the day, ask yourself what went well, what did you love about the day, and what wins (no matter how small) did you have. And celebrate your wins! Give yourself permission to sink into the feeling of growth. When you create a habit of celebrating, you lift your energy, and you invite more wins because you're priming yourself to see them.

When it comes down to it, you aren't beholden to a date on a calendar to start making powerful changes in your life. You can start anytime. Today, even. What's most important is that you're emotionally connected to your goals, you have a plan, and you're connected to why these are important to you.

Don't let a date on a calendar determine your destiny. Create it.

Click [here](#) to read the full article by Lifespeak.

CURB YOUR CRAVINGS!

Do you snack at night while watching TV?
Do you constantly crave salty snacks?
Do you have a sweet tooth?



Rebecca Poirier, RD

Join Rebecca Poirier, Registered Dietitian, to learn how to effectively manage your food cravings while still enjoying life.

In this class you will learn about:

- What food cravings are
- How the environment influences your eating
- Ways to curb your cravings to manage your weight



**DEEP RIVER &
DISTRICT HEALTH**

North Renfrew Family
Health Team

Monday, February 12, 2024
11:00 AM – 12:00 PM

In-Person at
Deep River and District Health
117 Banting Drive, Deep River

**OPEN TO ALL ADULTS
IN THE COMMUNITY**

To register, or for more information, please contact the North Renfrew Family Health Team at

613-584-1037

"CLOSER TO HOME" CAMPAIGN SURPASSES 50% MILESTONE WITH A \$150,000 ANONYMOUS DONATION



In a remarkable stride towards addressing critical long-term capacity shortages in North Renfrew and bolstering local healthcare, Deep River and District Health (DRDH) proudly announces that its "Closer To Home" campaign has exceeded the 50% milestone this week. This achievement was accelerated by a generous donation of \$150,000 from an anonymous community member, marking the second six-figure private gift to the campaign so far. The total raised to date is \$1,293,550 or 51.7% of the final goal.

Initiated in June 2022, the "Closer To Home" campaign seeks to raise \$2.5 million for the construction and furnishing of a 96-bed Long-Term Care Home on the DRDH campus to replace the existing 14-bed Four Seasons Lodge. This new home will significantly improve long-term care capacity in North Renfrew and will enable more individuals to stay closer to home when they need long-term care.

The campaign has already attracted the support of over 600 individual and corporate donors. "There are so many people working behind the scenes to make this home a reality," said James Thompson, Community Engagement and Fundraising Coordinator at DRDH. "Many donors see their gift to the project as a social investment, because they want to prevent their friends, family, and neighbours from having to relocate to other regions for long-term care."

Overwhelming Demand For Local Long-Term Care

Presently, 92 people are on the waiting list for the 14-bed Four Seasons Lodge. A report by Champlain Home and Community Care Support Services in April 2022 shared that the average wait time for most people seeking basic accommodation at the Four Seasons Lodge is estimated at 1,791 days or just over 5 years, meaning it has one of the longest average wait times in the region. "We simply do not have enough long-term care beds for this community," said James.

Continued on next page...

In 2018, Deep River and District Health identified this capacity issue and initiated the development process for the new home to address the negative impact of such a prolonged waitlist on individuals and families in the area.

Why DRDH Seeks Community Support

Janna Hotson, President and CEO of Deep River and District Health, shared that the organization is responsible for funding the entire construction project upfront with a mixture of government grants, a construction loan, and donations. Once the home begins operating, the Ministry of Long-Term Care will provide funds for DRDH to repay the construction loan over a 25-year period. The "Closer To Home" campaign for \$2.5M was launched to lower the construction loan requirement and purchase furniture for residents. The Ministry of Long-Term Care funds will support long-term operating costs for the home, including a projected increase of \$5 million in annual wages to new staff.

How To Support Closer To Home

If community members are interested in supporting the Closer To Home campaign, they are encouraged to either volunteer with the Deep River and District Health Auxiliary or make a donation through the Deep River and District Health Foundation. For more information, call 613-584-3333 x7140 or visit drdhfoundation.com. All donations are eligible for a tax receipt, and donors contributing \$5,000 or more will be permanently recognized on a donor recognition plaque in the new home.



BURNS NIGHT SUPPER



What a fantastic evening it was celebrating the legendary poet and Scottish icon, Robert Burns, at the Chalk River & Area Lion's Club on Saturday, January 27, 2024.

The haggis flowed (with a reported 21 pounds available) and the pipes bellowed. Attendees collectively donated a bonnie sum of **\$2,604** towards Closer To Home, helped by a generous 1:1 match provided by a private sponsor.

Special thanks to Doug Tennant, Jeannie Tilson, Renegades Pipes and Drums, Chalk River & Area Lion's Club, and the Chalk River Haggis Breeder Program for the heroic effort required to host an event like this. This was the 8th year of the event.



PANCAKE BREAKFAST

IN SUPPORT OF THE DEEP RIVER & DISTRICT HEALTH
CLOSER TO HOME CAMPAIGN

JOIN US FOR A
**PANCAKE
BREAKFAST**

SATURDAY, FEB. 3, 2024
8:00 AM – 12:00 PM
DEEP RIVER LEGION
50 MCELLIGOTT DR.



BRING YOUR FAMILY &
FRIENDS TO ENJOY
PANCAKES, SAUSAGE &
COFFEE/TEA

ADULTS \$10
CHILDREN 10 & UNDER \$5



Eat pancakes on a Saturday morning to help DRDH provide more long-term care beds in our community!

The DRDH Dietary Department is again hosting their very successful Pancake Breakfast fundraiser at the Deep River Legion on Feb 3rd between 8am - 12pm. We would love to see you there.

\$10 for Adults and \$5 for kids.

All proceeds will go towards the Closer To Home campaign to build a 96-bed Long-Term Care Home in Deep River.



2nd ANNUAL BONSPIEL

Join us for our second annual bonspiel presented by WCCT in support of Closer To Home!

We're looking for teams of four to play on Saturday February 3, 2024. All participants will receive a free pancake breakfast and lunch as well as door prizes at the event.

Registration is now open online [by clicking here](#), as well as in-person at the Deep River Curling and Squash Club.

All donations collected upon registration will be matched by WCCT up to \$5,000 total. We hope to see you there!



DRDHF 2ND ANNUAL
BONSPIEL
SATURDAY, FEB 3
DEEP RIVER CURLING AND SQUASH CLUB



ENTRY BY DONATION
ALL DONATIONS MATCHED
BY WCCT UP TO \$5000



2 MATCHES
LUNCH AND PANCAKE
BREAKFAST INCLUDED
DOOR PRIZES
FRIENDLY COMPETITION



FOR MORE INFORMATION VISIT
drdhfoundation.org/events

THANK YOU!

**Michelle &
Dr. Justin Godbout**



HEALTHCARE HEROES

Congratulations to Michelle, RN, and Dr. Justin Godbout for their recent nomination as Healthcare Heroes by a grateful patient! Here's what the patient said:

"I live in Toronto and recently visited the Deep River and District Hospital's Emergency Department. I had excellent professional care by intake triage nurse, Michelle, and by Dr. Justin Godbout. Their outstanding service is what inspired me to make a donation. Please thank them on my behalf and wish them all the best for 2024!"

Is there an individual or team at DRDH that you would like to recognize as a Healthcare Hero? Making a donation in their honour towards the Foundation is the perfect way to say thank you. Visit our [website](#) and select "Healthcare Heroes" on the donation page. New nominations will be shared online.

CONGRATULATIONS

+ RESIDENTS' COUNCIL CORNER

The Resident's and Family Council met on January 18, and a number of topics were discussed, including visual safety cues for the floor, the process for sharing complaints, the annual Quality Improvement Plan, recreation planning, and more.

In follow-up to the residents' decision on the type of safety tape that will be used as a visual cue in the hallway of the Four Seasons Lodge, the Council members in attendance were provided with a sample for review. The selected yellow and black tape will be applied to the floor to trial and assess for effectiveness in the coming weeks.

The Council completed an annual review of the procedure for filing a complaint regarding the organization, care, or any further concerns related to violation of a resident's rights.

Additionally, the Council also discussed and provided input into the organization's 2024-2025 Quality Improvement Plan and items that relate specifically to

long-term care, including resident-centered care and volunteer engagement.

Furthermore, the Council reviewed the recreation calendar and planning for February. Recreation programming will be supported by PSWs, other staff members, and volunteers and will continue to include programming such as the Taste of Home, crafting, trivia and bingo. A plan is in place to host an early Valentine's Day Brunch for residents and their loved ones, as well as to visit the Deep River Bowling Alley later in the month.

As part of the Council's regular review of the Resident Bill of Rights, Right #20 was reviewed, which states, *"Every resident has the right to ongoing and safe support from their caregivers to support their physical, mental, social and emotional wellbeing and their quality of life and to assistance in contacting a caregiver or other person to support their needs."*



Thanks to volunteers and Lori and Josh for helping residents to create these beautiful stained glass-like crafts to brighten up the home during these gloomy days we have been having.

OLD HVAC SYSTEM REMOVED



A historical HVAC unit, which had been obsolete for many years, was removed on January 12, to accommodate the continued work on our roof replacement.

STORES DOOR PROJECT PROGRESS



Work continues on the creation of our new loading dock. This month, an opening was created (left) in stores, and a new door was installed (below) to allow deliveries to continue to be received as our campus grows over the coming years.



PARTNER NEWS

Below is a summary of the accomplishments of our amazing partners at the Deep River and Area Food Bank from the 2023 year:



Deep River and Area Food Bank Inc. ANNUAL REPORT FOR 2023

115 Banting Drive, P.O. Box 1015, Deep River, ON K0J 1P0
Phone: 613-584-3333 ext. 7910

CLIENTS AND USAGE	2022	2023	
<p>“Client” represents a household.</p> <ul style="list-style-type: none"> ○ Clients on file 269 303 ○ Clients on file with children 57 (21%) 64 (21%) ○ Clients served 203 192 ○ Total client visits 1,138 1,172 ○ Average visits per client 5.6 6.1 ○ Children helped 126 124 ○ Adults helped 338 251 <p>Origin of clients:</p> <ul style="list-style-type: none"> ○ Deep River 60% 62% ○ Chalk River 20% 18% ○ West of Deep River 20% 20% 			<p>Total client visits each year</p> <p>2017 2018 2019 2020 2021 2022 2023</p> <p>The number of visits has crept up over time. On average we serve ~100 clients each month.</p> <ul style="list-style-type: none"> ■ Deep River ■ Chalk River ■ West
FOOD DISTRIBUTIONS			
<p>Total boxes of food provided 3,362 ~4,100</p> <p>Sources of food:</p> <ul style="list-style-type: none"> ○ Boxes grocery reclamations 765 (23%) 799 (20%) ○ Boxes donated food 893 (27%) ~930 (23%) ○ Boxes purchased food 1,704 (51%) ~2,400 (58%) 			<p>Food donations from all sources remain strong. Thanks to our generous donors, we're able to serve more clients and give more food.</p>
FINANCIALS			
<p>OPERATING INCOME</p> <ul style="list-style-type: none"> ○ Individuals \$74,894 \$90,626 ○ Churches \$4,626 \$5,368 ○ Organizations & clubs \$24,103 \$22,950 ○ Businesses \$8,082 \$9,920 ○ Bank interest \$1,209 \$4,815 			<p>Monetary donations to our Food Bank matched or exceeded inflation during 2023. Our bank balance remains in good shape.</p> <p style="text-align: center;">THANK YOU TO ALL OF OUR SUPPORTERS!</p>
<p>OPERATING EXPENSES</p> <ul style="list-style-type: none"> ○ Food purchases \$88,466 \$103,913 ○ Hygiene purchases \$2,268 \$2,193 ○ Facility & rent \$3,745 \$2,569 ○ Administration & insurance \$2,457 \$2,027 ○ Extra support services (taxi, emergency food) \$3,400 \$7,350 ○ Cash spent per client visit \$88.17 \$100.73 			<ul style="list-style-type: none"> ■ Food ■ Hygiene ■ Facility & Rent ■ Admin & Insurance ■ Support Services <p>Higher expenses reflect a jump in food prices, more client visits, and more food given out.</p>
VOLUNTEERS			
<ul style="list-style-type: none"> ○ Number of volunteers 18 20 			<p>Our volunteers take responsibility, work hard, and enjoy each other. The Food Bank runs on 100% volunteer effort (no payroll).</p>

CALL FOR CONTENT

Is there something you would like to see appear in the next issue of The Zinger newsletter? Please submit your photos and information to Amy at amcdiarmid@drdh.org.

Deep River and District Health receives funding from Ontario Health.

The opinions expressed in this publication do not necessarily represent the views of Ontario Health.