



**DEEP RIVER &  
DISTRICT HEALTH**

# THE ZINGER NEWSLETTER

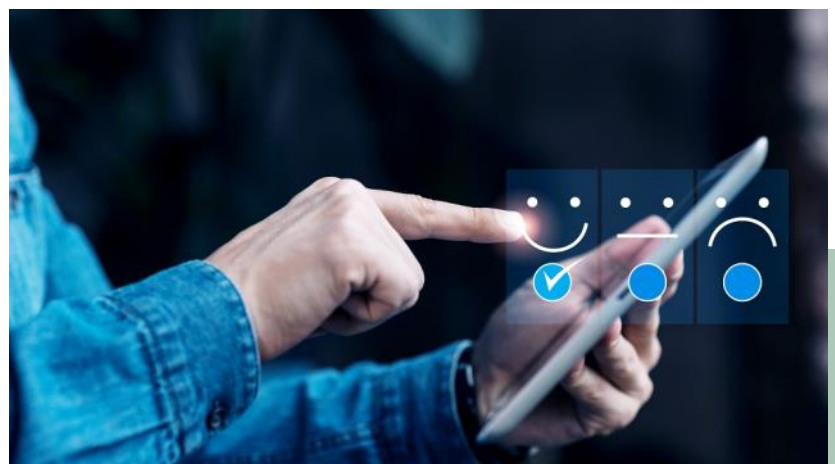
## **+** TOP NEWS INSIDE

CEO's Corner	2
Ground Prep for New LTC Home	3
Long-Term Care Building Updates	4
Primary Care Building Updates	5
Time-Lapse Photo Stations	6
Monthly Education	7
Staff Happenings	8
Kim's Retirement	9
Social Committee	11
DRDH eStore	13
Hospital News	14
Digital Patient Experience Survey	15
Residents' Council Corner	16
Four Seasons Lodge News	16-17
Foundation News	18-20
Partner News	21



### UPCOMING GROUND PREPARATION MARKS PROGRESS ON NEW LONG-TERM CARE HOME

Specialized construction techniques will be employed to prepare the ground for the new building to take shape. These activities are an essential step in ensuring the stability and safety of the new building. *See page 3 for the full story.*



### DRDH CELEBRATES ONE YEAR OF DIGITAL PATIENT EXPERIENCE SURVEY

DRDH is pleased to mark one year of our digital patient survey for the Deep River and District Hospital, a testament to our commitment to innovation and modernization. *See page 15 for the full story.*

**JULY 2024**

# CEO'S CORNER

## CONNECTING WITH OUR DRDH TEAM AND COMMUNITY



With the summer season in full swing, I am reflecting on all of the exciting activities occurring around our expanding health campus, and how important these undertakings are for DRDH's future. While the work we see outside will change our health campus forever, equally important work is also occurring inside. As construction continues, we will be preparing for how we will provide care and work in our new spaces, as well as how we will welcome new team members to DRDH. This will become a major focus over the next few months, as we start to prepare for this exciting next chapter for our organization.

Part of this focus will be planning for our soon-to-be empty spaces. These empty spaces present a unique opportunity for us at DRDH to continue and further serve our community as a strong, sustainable organization far into the future. I looking forward to hearing from DRDH team members, partners, and our community as we look ahead to what will come next, and how we can continue to grow and improve.

As part of this continual improvement, we recently had the privilege of welcoming inspectors from the Ministry of Long-Term Care into the Four Seasons Lodge.

Over eight days of observation, interviews, and inspections, our team and residents showcased the very best of what we offer. The inspectors provided valuable feedback that will help us continue to improve our services. They also highlighted how confident, prepared, and welcoming our team was. The warm, home-like atmosphere of the Lodge was particularly praised, validating the exceptional work being done every day.

With our two major construction projects underway, our vision of growth is becoming a tangible reality. The buzz of construction and frequent adjustments can be challenging at times, which I know we are all feeling as we are between two large construction sites. Despite the challenges, this work is a sign of the incredible progress we are making together as a team.

I encourage everyone to take part in our new time-lapse photography stations, as we set them up around the health campus to capture construction activities. This initiative allows us to capture the transformation of our organization in real time, preserving these moments of rapid growth for years to come.

Looking ahead, we have so much to look forward to, including our second major groundbreaking event this year. In August, we will officially mark the start of construction for our new long-term care home, and we will welcome many key stakeholders including the Minister of Long-Term Care here to Deep River. This will be a wonderful opportunity to showcase the amazing work that is happening at our health campus, and celebrate how we are expanding to meet the needs of our community, for both today and into the future. I look forward to sharing this momentous day and celebrating with all of you.

As we embrace this period of growth and transformation, I sincerely hope everyone takes time to relax, recharge, and enjoy the beautiful summer weather.

Thank you for your dedication and hard work. Together, we continue to build a brighter, healthier future for our community.

Your sincerely,  
**Janna Hotson**  
 President and Chief Executive Officer  
 Deep River and District Health

## BOARD HIGHLIGHTS

Click [here](#) to read the latest edition of our Board Meeting Highlights.



# BUILDING A STRONG FOUNDATION: UPCOMING GROUND PREPARATION MARKS PROGRESS ON NEW LONG-TERM CARE HOME



*Pictured above is the build site of the new Four Seasons Lodge Long-Term Care Home at Deep River and District Health on July 11, 2024.*

Deep River and District Health (DRDH) is pleased to share that construction activities for the new Four Seasons Lodge Long-Term Care Home are progressing rapidly. As we move forward with this important project, we want to inform our community about some upcoming activities that may cause temporary disturbances.

In the coming weeks, specialized construction techniques will be employed to prepare the ground for the new building to take shape. These activities are an essential step in ensuring the stability and safety of the new building. During this period, residents in the vicinity may notice increased noise and vibrations.

This important ground-work is a vital step in creating a safe and stable foundation for the future home of 96 residents. DRDH is committed to minimizing the impact on our community and will ensure that all work is conducted within regulated hours to reduce any inconvenience. Individual notices have been provided to those residing in close proximity to the site to keep them informed and prepared for these activities.

Janna Hotson, President and CEO of DRDH, stated, “We are excited by the progress we are already seeing on our new Four Seasons Lodge Long-Term Care Home, and we appreciate the community’s patience and understanding during this next phase of construction. These activities are crucial for ensuring the long-term safety and success of the building, which will become a space for 96 individuals to be cared for and to call home.”

We are grateful for the continued support of our community as we work towards completing this important project. This phase of construction represents a significant step forward, bringing us closer to increasing DRDH’s capacity to provide care.

For more information on the Long-Term Care Development Project, and to view video updates about the project, please visit [drdhfoundation.com/closer-to-home](http://drdhfoundation.com/closer-to-home).

Thank you for your understanding and support as we build a healthier future together.



# LONG-TERM CARE BUILDING PROGRESS



July 5, 2024



July 11, 2024



July 18, 2024



July 18, 2024

Construction activities kicked-off this month on our new 96-bed Four Seasons Lodge Long-Term Care Home. Work thus far, by the team at Frecon, has focused on preparing the site, as well as preparing the ground before the building's foundation can be poured. Thank you to everyone for their patience as this important, and somewhat noisy, work has been underway.

Stay tuned for more updates as construction progresses!



July 23, 2024

# PRIMARY CARE BUILDING PROGRESS



Construction progressed well this month on our new Primary Care Building, with the shape of the building really coming together! The team at Frecon poured the building's slab, erected the beams, and completed all the important infrastructure tie-ins to the building. Work has also begun on the new parking area and walkways around the building.

Stay tuned for more updates as construction progresses!



# JOIN US IN CAPTURING HISTORY: TIME-LAPSE PHOTO STATIONS INSTALLED AT DRDH

Deep River and District Health (DRDH) is excited to invite our community to join us in capturing history with the installation of time-lapse photo stations across our health campus.

These stations offer a unique opportunity for everyone to snap a photo and participate in documenting the construction of our two new buildings – our new Primary Care Building and our new Four Seasons Lodge Long-Term Care Home. The stations invite anyone to use their mobile device to take and submit a photo, contributing to a dynamic time-lapse that showcases the development of these new buildings from the ground up. This is your chance to be part of our exciting journey and witness the transformation of our health campus in real-time!

The first time-lapse photo station, now installed adjacent to our helipad, focuses on our new Primary Care Building at the front of the organization. Soon, additional stations will be set up to capture the progress of our new Four Seasons Lodge Long-Term Care Home as well.

## **How You Can Participate:**

1. Visit our health campus and locate the time-lapse photo station(s).
2. Use the station to take a photo of the construction progress using your mobile device, following directions provided on the sign.
3. Email your photo to [upload@chronolog.io](mailto:upload@chronolog.io) with the subject line indicated on the sign.

Your photos will be automatically added to our live time-lapse, creating a vibrant visual history of our new buildings. Together, we can document these milestones and celebrate our health campus's growth and evolution. See the Primary Care Building time-lapse live at <https://www.chronolog.io/site/DRD101>.

“We are incredibly eager about this project and can’t wait to see our community’s involvement,” said Janna Hotson, DRDH President and CEO. “The time-lapse photo stations are a fantastic way for everyone to contribute to and celebrate these important milestones with us.”

Join us in capturing history! Come by, snap a photo, and be part of the journey as we build a healthier future for our community.

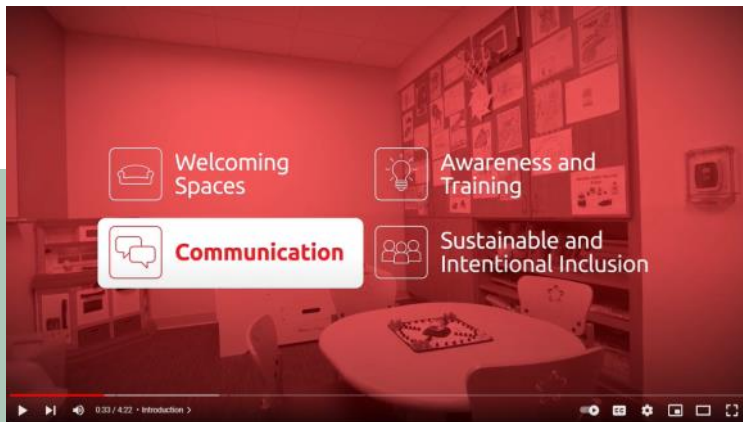


# MANDATORY EDUCATION

## AUGUST 2024

Please see the assigned education for the month of August on [Surge Learning](#). This is due to be completed by Wednesday, August 28, 2024. Please contact Rebekah if you are having any issues accessing the education.

Topic	Target Staff
Ethics in Healthcare	All
Best Practices for Environmental Cleaning	Housekeeping
Organizational Risk Management - Operators & HC Providers	All
Glucose Meter-POCT-DRDH	RN, RPN
Accessibility Education - on person centered language meeting level of understanding & needs (Inclusive Health Principles and Strategies: Communication)	All
HEADS-ED over 6	RN
High Alert Medication	RN, RPN
Bloody Easy Lite	RN, RPN
Back Care and General Lifting-Safety Talk	IT & Maintenance
DRDH Palliative Care Program Policy and Appendices	RPN, PSW, Rec, Dietitian, PT, PTA
3M™ Coban™ 2 Layer Compression Therapy: Basic Application	RPN



Please contact Rebekah ([rebekah.thompson@drdh.org](mailto:rebekah.thompson@drdh.org)) if you are having any issues accessing the education.

# STAFF HAPPENINGS

## NEW HIRES



Dale



Jordyn



Maxine



Stephanie

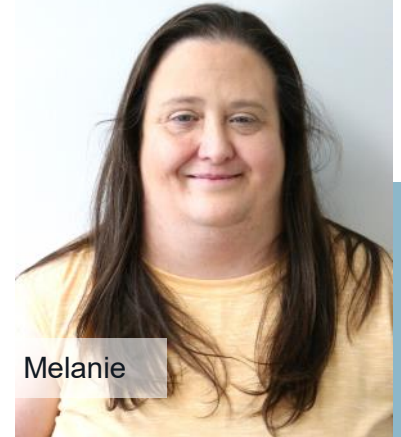
### - WELCOME -

This month we are pleased to welcome six new members to our team. **Dale** is joining our Dietary team as a Food Service Worker, **Jordyn** is joining us in Registration, **Maxine** is joining our Family Health Team as a Clerk, **Stephanie** is a Personal Support Worker, and **Melanie** and **Craig** are both Registered Nurses.

Please join us in extended a warm DRDH welcome to all our new team members.



Craig



Melanie

### - WELCOME STUDENTS and MED TECHS-

This month we are pleased to welcome three students who are learning alongside our team members.

**Makenna** is a medical student working with Dr. Sage, **Emma** is a student in the laboratory, and **Paige** is a practical nursing student.

We are also pleased to be hosting Medical Technicians from the Canadian Armed Forces this summer through the Maintenance of Clinical Readiness Program.

Please join us in extended a warm DRDH welcome to all our students and Med Techs this month!



Makenna



Emma



Paige





## FAREWELL KIM



On June 28, 2024, we gathered to honor Kim's nearly 19 years of dedicated service in our Dietary team here at DRDH. Kim's contributions have left a lasting impact through her delicious recipes, fond memories, and the strong connections she created with our team.

As Kim embarks on her well-deserved retirement, we wish her all the best in this exciting new chapter. Kim, you will be deeply missed by our patients, residents, families, and everyone at DRDH. Thank you for everything!

HAPPY  
*Retirement*

## CONGRATS BEV!



Congratulations to our Pharmacy team member Bev for completing her annual delegation certificate this month. This achievement underscores Bev's commitment to excellence and continuous learning, ensuring our patients receive the highest standard of care. Bev's dedication to maintaining her certification is also testament to her dedication to patient and medication safety. Thank you, Bev, for your hard work and for being an integral part of our team!

## NEW OUTDOOR FURNITURE



In addition to all the great outdoor furniture we were able to purchase earlier this summer thanks to a generous donation from the DRDH Foundation, we have now added three new Adirondack chairs to the staff deck!

These chairs are the perfect spot to relax, unwind, and maybe read a book or chat with colleagues during breaks.

Thank you so much to members of the DRDH Foundation's Circle of Giving for enabling us to make the best use of our outdoor spaces for all our team to enjoy.



## THE ESSENTIAL PIECES AWARD

### CALL FOR NOMINATIONS



The **Essential Pieces Award** allows for peer recognition of an individual who performs outstanding, consistent actions that contribute to the overall exceptional experience for the patients, residents and/or visitors of our organization. Any member of our team across any department is eligible to be nominated for an Essential Pieces Award, including physicians, volunteers, or students.

The nomination form can be found on Policy Medical (*Organizational Resources* → *Human Resources* → *Essential Pieces Award*). The form includes a written piece that allows nominators an opportunity to describe how the individual they are nominating demonstrates outstanding, consistent actions that contribute to the exceptional care experience for all.

If you would like to nominate someone for an Essential Pieces Award who you feel should be recognized for their contributions, please don't hesitate to submit a nomination at any time throughout the year!

Completed forms can be submitted to Kelsea in which ever format works best for you—either by email ([kmadore@drdh.org](mailto:kmadore@drdh.org)) or a paper copy enclosed in an envelope.

Caring

Excellence

Safety

Innovation

Partnering

Integrity

Nominations  
open all year  
round!

FAMILY & FRIENDS OF DRDH,  
PLEASE JOIN US FOR A

A vibrant, cartoon-style poster for a family fun day. The background is a light blue sky with a yellow sun in the top left and a pink and white ice cream cone in the top right. The text is centered and reads: 'FAMILY & FRIENDS OF DRDH, PLEASE JOIN US FOR A Summer Time FAMILY FUN DAY'. Below this, the date and time are listed: 'SATURDAY, AUGUST 10, 2024 11:30 AM - 2:30 PM' and the location: 'LAMURE BEACH, DEEP RIVER'. A list of activities follows: 'ENJOY THE BEACH, BBQ LUNCH & TREATS, GIANT BOUNCY HOUSE, SAND CASTLE COMPETITION, FACE PAINTING & SO MUCH MORE'. The bottom of the poster features a sandy beach with a pink and white striped beach umbrella, a blue lounge chair, a sandcastle with a red flag, and a colorful beach ball. Two palm trees are on the right side.

*Summer Time*  
**FAMILY FUN DAY**

**SATURDAY, AUGUST 10, 2024**  
**11:30 AM - 2:30 PM**  
**LAMURE BEACH, DEEP RIVER**

ENJOY THE BEACH,  
BBQ LUNCH & TREATS,  
GIANT BOUNCY HOUSE,  
SAND CASTLE COMPETITION,  
FACE PAINTING  
& SO MUCH MORE

### DRDH SOCIAL COMMITTEE EVENT: SUMMER TIME FAMILY FUN DAY

Join us at Lamure Beach on August 10, 2024 from 11:30 am—2:30 pm for some fun in the sun!

RSVPs are not required to attend, but are encouraged to help with planning for the event. Please let Amber know if you are able to attend, and how many people you are planning to bring with you to the Summer Time Family Fun Day. Looking forward to seeing you all there!

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Today

Tomorrow

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and financial  
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International (Call Collect): 604-689-1717 | Homeweb.ca



## ESTORE —NEW ITEMS ADDED!

Did you know that we've added new items to the DRDH eStore? Thanks to your feedback, our selection of branded merchandise now includes full zip sweaters, track jackets, and scrub tops!

Extended sizing has been included for many of the new items, and sizing is now available from small to 4XL.

Don't forget that samples of each item are available in the staff lounge if you want to take a closer look and feel before making your decision.



There are a number of options for purchasing, including through the EStore directly online, or through payroll deduction. For those who want to purchase directly from the EStore online, the EStore accepts credit cards, PayPal, and Apple Pay. For those who would prefer to pay through payroll deduction, an order form is available on PolicyMedical and in the staff lounge. Please ensure you read the form carefully before submitting your order. Shipping is free for orders over \$65 placed directly through the EStore online, as well as for orders made through payroll deduction.

Purchases through the DRDH EStore not only promote our team spirit, but also makes a difference! For every purchase made, \$2 will be donated to support the fundraising efforts of the DRDH Foundation.

Visit the DRDH EStore at [www.drdhstore.org](http://www.drdhstore.org) today!





# HOSPITAL NEWS

## Laboratory Accreditation

Accreditation Canada Diagnostics (formerly IQMH) visited our Laboratory in June to perform a third-party assessment against of our lab against the rigorous ISO 15189 *Plus* requirements. Our Laboratory demonstrated remarkable results through the accreditation process, and now displays the ISO 15189 *Plus* certificate with pride. This certificate emphasizes the excellence of our lab team and showcases the excellent care provided to our patients. Having our Laboratory accreditation visits every 2 years, instead of the previous 4 year cycle, allows us to maintain the highest quality of care for our community.

In a unified visit of all EORLA sites, a team of assessors reviewed all our previous non-conformances from the 2021-2022 visit, as well as all new standards and requirements. All 11 'minor' findings identified in the last visit were assessed as compliant, and only 1 new 'minor' was identified for improvement. Congratulations to all our Laboratory team members on this successful accreditation!

### CONGRATULATIONS TO OUR LAB TEAM!



# HOSPITAL NEWS

## Mammography Annual Physicist Inspection



An annual evaluation of our mammography equipment took place this month, and we are pleased to report that the unit was found to be functioning optimally.

A huge thank you to our Diagnostic Imaging team for their hard work in ensuring that our equipment is performing as it should to enable us to provide the best possible care for our community.

Congratulations to all our DI team members on this successful inspection!

### CONGRATULATIONS TO OUR DI TEAM!



# DRDH CELEBRATES ONE YEAR OF DIGITAL PATIENT EXPERIENCE SURVEY

Deep River and District Health (DRDH) is pleased to mark one year of our digital patient survey for the Deep River and District Hospital, a testament to our commitment to innovation and modernization. This achievement highlights DRDH's dedication to using advanced technology to improve care for our community.

In partnership with 73 hospitals across the province, including The Ottawa Hospital and our Epic partners in the Atlas Alliance, DRDH was among the first to adopt this new fully-digital patient experience survey. Since its launch on July 6, 2023, this modern tool has provided patients with a confidential, anonymous, and secure way to offer feedback, allowing us to continuously improve our care and services.

With the collaboration of Qualtrics XM, patients seen in the hospital's Emergency Department and Medical Inpatient Unit receive an email following their visit with a direct link to the survey. This transition from previous paper-based surveys has resulted in nearly 1,500 responses within the past year, a significant increase that underscores the user-friendly nature of the digital format.

The feedback received has been overwhelmingly positive. A remarkable 97% of patients indicated they would recommend the Emergency Department to family and friends, showcasing the excellent, compassionate care provided. In the Medical Inpatient Unit, 88% of patients would recommend our services to loved ones requiring admission, reflecting the high quality of care and comfort we strive to maintain.

Patients also praised DRDH's person-centered approach, with 97% of those who visited the Emergency Department and 92% of those who were admitted to the Medical Inpatient Unit feeling they were treated with courtesy and respect by our dedicated nurses and physicians. This feedback underscores the compassionate and respectful environment our teams cultivate daily.

One patient shared, "My experience in the Deep River and District Hospital far exceeds any others. I have nothing but high praise and satisfaction from my experience." Another patient echoed this sentiment, saying, "All the staff were very professional, polite, and treated me as a person. I would not hesitate to come to DRDH if required, as the care is exceptional."

Family members have also expressed deep gratitude for the care provided to their loved ones. One family member noted, "Without the amazing nursing staff, [my family member] would not be here today. Our community is so fortunate to have an incredible team of health professionals."

Our Diagnostic Imaging services received a 90% satisfaction rate, and the Eastern Ontario Regional Laboratory Association (EORLA) Laboratory services at the hospital achieved an 88% satisfaction rate, reflecting the dedication of our diagnostic teams in providing accurate and timely results.

Additionally, 84% of Emergency Department patients were triaged by a nurse within 15 minutes of arrival, showcasing our commitment to efficient and responsive care.

"These outstanding survey results reflect the dedication of our Emergency Department and Medical Inpatient teams in delivering excellent, person-centered care," said Janna Hotson, President and CEO of DRDH. "By embracing this innovative digital survey tool, we have not only enhanced the way we gather patient feedback but also demonstrated our commitment to driving modernization forward across our health campus. We are incredibly proud of the positive feedback we've heard from our patients, and it serves as a powerful motivation to improve and enhance our services further. We extend our heartfelt thanks to our patients for their invaluable input."

As we celebrate this anniversary, DRDH remains committed to seeking feedback from patients and residents across the organization to ensure the delivery of an excellent, compassionate care experience, every time.



## + RESIDENTS' COUNCIL CORNER



The Residents' and Family Council met on July 18, 2024. The meeting began with a thorough update on planning for the resident-centered care education video, noting that the video will aim to highlight important parts of what resident-centered care means to each of the residents, along with including "I am" statements. The Council would like our team to stay tuned for more updates and the finalized project in the near future.

The Council also completed the annual review of the Pet Program, confirming that Cesar received his recent annual vaccination as required. They also discussed how things are going in the home with Cesar, and all was reported to be going well. The Council was provided an update on Cesar's new dietary changes to help support weight management as recommended by his Veterinarian. While those in attendance agreed it might be difficult to refrain from feeding Cesar treats, everyone understood the importance of these changes for Cesar's overall health.

The Council made plans for a special meal of the month for August, and indicated that they would like to order take-out from Mary Brown's, which will include fried chicken, potato wedges, coleslaw, potato salad and gravy. The Council will also ask our Dietary team to make a summer fruit trifle for dessert.

The Council also discussed activities for the month of August, which will include drumming group for exercise, spending time outdoors with the warmer weather, Taste of Home with both Abbie and volunteer Brian, a make your own bouquet craft, and more.

It was also shared that on Friday, August 2, the groundbreaking ceremony and celebration for the new Long-Term Care Home is being planned, and all the residents and family members are invited to come out, celebrate, and enjoy a special lunch and treats.

As part of our review of the Resident Bill of Rights each month, rights #28 & #29 were reviewed by the Council. Right #28 is: ***"Every resident has the right to participate in the Residents' Council,"*** and right #29 is: ***"Every resident has the right to raise concerns or recommend changes in policies and services on behalf of themselves or others to the following persons and organizations without interference and without fear of coercion, discrimination, or reprisal, whether directed at the resident or anyone else: i. the residents' council, ii. the family council, iii. the licensee, iv. Staff members, v. government officials, and vi. Any other person inside or outside the long-term care home."*** The Council discussed that they felt as though they had the right to participate in Council and were always encouraged to bring forward their feedback and concerns to the group or *anyone else within the Home.*



On July 16, 2024, residents joined in with a volunteer singing group for a lovely afternoon of music.

Thank you to volunteers Carol, Eva, Hilary and Anne for coming in again, it's always great to have you!





# FOUR SEASONS LODGE NEWS

## Hawaiian Party



Aloha from our Hawaiian Party!

We had a blast at our tropical celebration on July 26, 2024! From the vibrant leis, to the Hawaiian themed lunch, to the tropical drinks, the smiles were as bright as the island sun.

Thank you to our amazing Four Seasons Lodge community for coming together to create these unforgettable moments.

**DONOR WALL REVEAL CELEBRATION**



Thanks to our donors for supporting quality healthcare in our community! On July 5, 2024 we held a special celebration for the individuals, families, and organizations who are displayed on our new donor wall. Did you know that over \$5.66M has been raised by our community since 2002 to support Deep River & District Health through our Foundation? The people on this donor wall are collectively responsible for 70% of that total. Thank you again!

The wall is now displayed for everyone to see in the lobby of DRDH, where you can browse the 481 names.



## THANK YOU TO OUR HEALTHCARE HEROES

Congratulations to Sue, Megan, Alyssa, Mike, and Jayme who were recently nominated together as DRDH Healthcare Heroes! This is what the nominator, a visiting Emergency Physician, said about the team:

"I would like to thank the medical team at DRDH for their amazing work in a complex resuscitation when a critically ill patient arrived to the Emergency Department requiring a significant level of care.

I would specifically like to thank Nurses Sue, Megan and Alyssa for their incredible knowledge of resuscitation and doing the heavy work of organizing transport. The perfect

closed loop communication, and having the appropriate clarification questions asked made the resuscitation go smooth and kept the patient alive. I could not have asked for a better, more caring set of hands during this case.

I would like to thank Mike from the Laboratory for coming in and assisting with bloodwork and Jayme from Diagnostic Imaging for assisting with X-rays. They both stayed around much beyond the time it took to complete the task required to ensure no further task was needed prior to leaving, and offered their help in any way they could. I felt extremely safe that should the need arise, they were there to support.

I would also like to thank the paramedics for their rapid extrication that brought the patient safely to our hospital, for staying around providing excellent care until the patient was safely at DRDH, and staying around for more than 2 hours pending the decision and destination of transport.

I could not have asked for a better team that night.

Thank you,

Dr. Fredette, Emergency Department Physician"

If you appreciate a team member or volunteer at DRDH and wish to nominate them as our next Healthcare Hero, you can make a donation of any amount on our [website](#) and pick "Healthcare Heroes" at the checkout. Write a little message and submit!



# CONGRATULATIONS!

## GOLF TOURNAMENT REGISTRATION NOW OPEN



Registration for our **22nd Annual Golf Tournament** is still open. Would you like to join us?

This is a community fundraising tournament to support the Deep River & District Health Foundation.

Many DRDH team members have participated in the past, and we'd love to have you join us if you're interested.

### KEY DETAILS

- 11:30 AM - 7:30 PM on Thursday August 29, 2024
- 18-hole Shotgun Scramble tournament
- All proceeds will support the Closer To Home campaign to furnish and equip the new 96-bed Four Seasons Lodge.
- Emphasis on fun rather than golf (Don't worry if you aren't "good" or you don't even know how to play. That describes half of the golfers last year!)
- Beautiful forested course at the Deep River Golf Club (if you don't like golf-- consider it going for a nice walk, with a few extra bits tacked on!)
- Cash bar and beer cart
- Door prizes

### WHAT'S ON THE MENU?

- Roast beef dinner, with Yorkshire pudding, roasted potatoes & dinner vegetables
- Chicken dish with rice pilaf
- Vegetarian lasagna
- House salad
- Butter tarts, pies & cake
- Tea & coffee included



Registration is by donation this year, with a minimum \$75 to cover the basic expenses for each person of running this event, covering green fees, and dinner. Anything you choose to give beyond this amount will be a receiptable donation.

There will be NO silent auction this year-- NO raffle-- and NO additional donations requested of you at the golf day. Donate once now with your registration, and simply come and enjoy the event.

So gather your team, lace up your golf shoes, and register now. We can't wait to welcome you to an unforgettable day for a great cause!

Register here: <https://drdhfoundation.com/product/07B2F4C/22nd-annual-drdh-golf-tournament>

# + PARTNER NEWS

## DEEP RIVER AND AREA FOOD BANK

Did you know that the Deep River and Area Food Bank operates onsite here at DRDH? Check out the article below to learn more about this amazing community partner and how they support our community:

In a far corner of the Deep River and District Health complex, in a basement room, you'll find the home of the Deep River and Area Food Bank. It's an independent entity, but proud to be included in DRDH's suite of services.

Every month, the Food Bank serves about 100 clients, or an average of 25 each Monday. The catchment area is a large one: from Chalk River in the east to Deux Rivières in the west.

The Food Bank is open for 3 hours each Monday, but much happens during the off-hours. Food is purchased from Valu-Mart and Giant Tiger. Donated food is picked up from various baskets, including one at the hospital's Emergency Department entrance. Monetary donations are collected and tax receipts sent out. Voicemail is checked every day, and regular meetings are held.

The scene on a typical Monday is one of controlled mayhem! The upstairs volunteers greet the clients at the door and record the particulars of the visit. The "grunts" use dollies to bring food boxes from the assembly line downstairs to the client's vehicle (which is sometimes a wagon or tricycle).

Meanwhile, the downstairs volunteers are continually on the move, shelving purchases and donations, answering the phone, and filling boxes on the line.

Clients are welcome to come once a month, and are given three boxes of food. Depending on specific needs, clients can get extras like family and children supplements, pet food, feminine products, baby food, or gluten-free items. In the summer, fresh garden produce is given out thanks to local donors. And every client is offered options for the all-important coffee (instant, drip, or pods)!

All of this is made possible by phenomenally generous support from our community. We can all understand that a person's wellbeing starts with having wholesome food on the table.



## CALL FOR CONTENT

Is there something you would like to see appear in the next issue of The Zinger newsletter? Please submit your photos and information to Amy at [amcdiarmid@drdh.org](mailto:amcdiarmid@drdh.org).

*Deep River and District Health receives funding from Ontario Health.*

*The opinions expressed in this publication do not necessarily represent the views of Ontario Health.*